

As of August 2019

**** recent updates**

**NORTH EASTERN ONTARIO ATHLETIC ASSOCIATION
ASSOCIATION ATHLETIQUE DU NORD EST DE L'ONTARIO**

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PREAMBLE TO THE CONSTITUTION

The North Eastern Ontario Athletic Association/Association Athlétique du Nord Est de L'Ontario, a member of the Ontario Federation of Schools Athletic Association recognizes that the sole basis for the very existence of high school sport is the contribution it makes to the general educational experience of those students who participate.

The purpose of the Association shall be to encourage a closer relationship among member schools through the media of competition in athletic activities for all of the students of the Association. The development of fair play and a love of good, clean amateur sport directed toward the development of mature men and women should be the aim of this Association.

The association therefore adopts the following objectives for the benefit of students in member schools:

- i) **All the participants should be stimulated to achieve creditable academic progress and to make a contribution to the general educational program of the school as a prerequisite of participation,**
- ii) **The program must contribute toward the improvement of the health, fitness and general welfare of all individuals taking part,**
- iii) **The program should engage the maximum number of students in both its administrative and active areas.**

GUIDELINES FOR DEPARTMENT OF NEOAA/AANEO COACHES

In all competition within the NEOAA/AANEO the coaches and teams represent the schools, educational institutions whose members have subscribed to the objectives contained in the preamble to the NEOAA/AANEO Constitution. In keeping with the spirit of these objectives the NEOAA/AANEO sets forth the following guidelines for coaches.

- 1) **The coach is responsible for his or her team in all aspects related to competition. This pertains to behaviour such as personal appearance and conduct, in public, during travel and in overnight accommodation.**
- 2) **The coach exemplifies a teacher and social leader. The educational objectives concerned with positive changes in the lives of the participants are more important than winning any particular contest. Attributes such as, desiring to achieve excellence, living a more healthful and purposeful life, respecting the dignity of others, making personal sacrifices for others benefit and becoming a more useful and loyal citizen are lasting benefits of athletic participation.**
- 3) **The coach must strive to recruit the most highly competent officials possible. The coach should respect their judgment and interpretation of rules.**
- 4) **The coach must teach fair play. Players who display poor sporting behaviour or unethical conduct must be disciplined by their coaches.**
- 5) **The coach's conduct during competition is a matter of public record. He or she should maintain poise and self-control and display good behaviour in both winning and losing.**
- 6) **The coach is a host for visiting teams and coaches should urge others in his or her school to be courteous and fair to them. If he or she has specific expectations or instructions for the visiting teams, they should be informed well in advance.**

RECRUITING

Definition of Recruitment:

Recruiting is defined as a representative of a school, either directly or through another party, encouraging a student to attend a school other than that in whose catchment area he or she resides for the purpose of being involved in extracurricular sport. The school representative could be a teacher, administrator, school district employee, school employee, student, parent, alumnus, or any person representing themselves as a school contact.

Rationale:

A recruiting prohibition discourages exploitation of students; prevents over emphasis of athletics; gives average student-athletes more opportunity to participate; discourages adults from jeopardizing a student's eligibility; and prevents misuse of athletic programs.

Indicators and Inducements for Athletic Purposes:

There maybe many legitimate times that a school representative and/or coach of a school team will be in contact with students from another school. Therefore, indicators of recruiting have been developed to provide parameters of behavior and expectations for coaches and other school representative(s).

- a school representative shall not initiate contact with any student who does not attend, or does not directly feed into a school, in order to suggest, encourage or explain a transfer to a different school.

- a school representative shall not encourage any other person, including past and present players, to contact any student to suggest, encourage or explain a transfer to a different school.
- a school representative shall not permit a student who is not currently enrolled at a school, or whose present school does not directly feed into the representative's school, to participate in team practices or participate in scheduled team activities (including travel to games/events, team meetings or trips).
- a school representative shall not permit a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, to attend "open gym" at the representative's school or attend spring or summer practices, games or camps specifically designated for enrolled students.
- a school representative shall not entice a student who is not currently enrolled at the representative's school, or whose present school does not directly feed into the representative's school, into transferring to the representative's school.
- where a coach or school representative is approached by a student-athlete or representatives of student-athlete who is not enrolled at the school or at a feeder school, with inquiries concerning the school's sports teams or programs, the coach or school representative must direct the student-athlete or representative of the student-athlete to the school administration.

A student-athlete may not receive or be offered any remuneration of any kind or receive or be offered any inducement of any kind, which is not made available to all students who enroll in or apply to a school. Inducements for athletic purposes include, but are not limited to:

- offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular school year or summer school by any person associated with a school.
- offer or acceptance of room, board, textbooks or clothing, or financial allotment for textbooks or clothing.
- offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.
- offer or acceptance of free transportation by any person associated with the school.
- offer or acceptance of a residence with any person associated with the school which would result with the student-athlete living with a non-custodial parent.
- offer or acceptance of any privilege not afforded to non-athletes.
- offer or acceptance of free or reduced rent for parents or guardians.
- offer or acceptance of payments of moving expenses of parents or guardians or assistance with the moving of parents or guardians.

- offer or acceptance of employment of parent (s) or guardian(s) in order to entice the family to move to a certain community if any person associated with the school makes the offer.
- offer or acceptance of help in securing a post secondary athletic scholarship.
- offer or acceptance of the opportunity to gain significant playing time.
- offer or acceptance of the opportunity to be associated with a more competitive team

Grade 8 Recruitment

A school representative(s) may make general presentations (not just athletic) to eighth grade students (not just athletes). There should be a diversity of presenters, speaking on a variety of topics to students of all interests. When an eighth grade student or the parents of that student, contacts the coach or school representative about attending the representatives school, the coach or representative shall refer the student or parent to the appropriate school administration

High school coaches or their representatives may not attend grade school or youth club games for the purpose of evaluating and recruiting specific prospective athletes.

OPEN HOUSE - The intent of an open house is to allow incoming grade 8 students to gather information regarding curriculum, programs, and the admissions process. School representatives may provide general information to prospective incoming students but no specific details or enticements as to participation if they were to enroll.

Recruiting will be reported to the Board of Reference. The Board will be charged with investigating the allegation. The Board may impose sanctions ranging from a letter of reprimand to the suspension of the member school from all NEOAA/AANE0 athletic events.

NEOAA/AANE0 TRAVEL GUIDELINES

It is the policy of NEOAA/AANE0 to provide appropriate travel procedures to ensure the safety of our students, coaches and officials when anticipating or experiencing inclement weather.

Rescheduling of a NEOAA/AANE0 championship or scheduled event, due to inclement weather, be decided by the event convener in consultation with the person responsible for interscholastic activities, the head convener and the Principal of the host school.

When forecasted weather is threatening across the region or in a particular area and there is a concern about travel, the event convener will check the forecasted weather report for all traveling teams. After consulting with the head convener, the person responsible for interscholastic activities and the Principal, a decision, will be made by the end of the school day, prior to the scheduled event, on whether the event will go as scheduled or be re-scheduled.

When weather prohibits travel on the day of the event, the coach of the team at risk should immediately notify the event convener. The event convener, in consultation with the head convener will re-schedule the championship and immediately notify all coaches and officials.

NEOAA Championships will not be played if any one school cannot attend due to inclement weather. In this case the championship will be rescheduled.

Event conveners should ensure that they have a complete listing of all coaches' home and cellular phone numbers.

When a scheduled championship or sanctioned event is changed, the convener must immediately notify all coaches and officials.

When travel endangers the safety of students, coaches and officials, err on the side of caution and re-schedule the championship or sanctioned event.

ELECTRONIC DEVICES

- . During all NEOAA/AANEO sanctioned events, the policies of the host school regarding use of electronic devices will be followed. Host schools are to include their policy on the event schedule.

LIST OF MEMBER SCHOOLS

SCHOOL	SCHOOL COLOURS
1)	ESCCDJ GOLD & BROWN
2)	MHEC MAROON/GOLD
3)	DDE DELORES D. ECHUM
4)	ESA PURPLE, GOLD & BLACK
5)	ESCHS WHITE, BLACK & SILVER
6)	ESCGV MAROON & GREY
7)	ESCHS KELLY GREEN & GOLD
8)	ESCJV BLUE & GOLD
9)	ESCNRPJN ROYAL BLUE & WHITE
10)	ESPR WHITE, BLACK & GREY
11)	ESCSM BLUE & GOLD
12)	ESCT MAROON & GOLD
13)	EHS RED, WHITE & BLACK
14)	IFSS RED, WHITE & BLACK
15)	KDHS ROYAL BLUE & GOLD
16)	KLDCS MAROON & WHITE
17)	NLSS GOLD, DARK BLUE & LIGHT BLUE
18)	OHS KELLY GREEN & WHITE
19)	RMSS FOREST GREEN & GOLD
20)	SRF K-13 MAROON & GREY
21)	TH & VS ROYAL BLUE & WHITE
22)	TDSS BLACK, GOLD & WHITE
23)	VSS BLACK, RED & YELLOW
24)	ESPK BURGUNDY, BLACK & WHITE
25)	PA MAROON & GOLD

**CONSTITUTION
OF THE
NORTH EASTERN ONTARIO ATHLETIC ASSOCIATION
Association Athlétique du Nord Est de L'Ontario**

LIST OF MEMBER SCHOOLS:

- Delores D. Echum Composite School
- Ecole Secondaire Catholique Cite des Jeunes
- Ecole Secondaire Cochrane High School
- Ecole Secondaire Catholique George Vanier
- Ecole Secondaire Catholique Hearst High School
- Ecole Secondaire Catholique Jean Vanier
- Ecole Secondaire Catholique Nouveau Regard Pavillon Jeunesse-Nord
- Ecole Secondaire L'Alliance
- Ecole Publique Renaissance
- Ecole Secondaire Catholique Sainte Marie
- Ecole Secondaire Catholique Thériault
- Ecole Secondaire Publique de Kapuskasing
- Englehart High School
- Iroquois Falls Secondary School
- Kapuskasing District High School
- Kirkland Lake District Composite School
- Mamawmatawa Holistic Education Centre
- Northern Lights Secondary School
- O'Gorman High School
- Peetabeck Academy
- Roland Michener Secondary School
- Smooth Rock Falls K-13 School
- Timmins High & Vocational School
- Timiskaming District Secondary School
- Vezina Secondary School

ARTICLE I This Association shall be known as the “North Eastern Ontario Athletic Association/Association Athlétique du Nord Est de L’Ontario” and shall be referred to hereafter as “NEOAA/AANEO” or the “Association.”

ARTICLE II The purpose of the Association shall be to encourage a closer relationship among the schools through the media of competition in athletic activities for all of the students of the Association. The development of fair play and a love of good, clean amateur sport directed toward the development of mature men and women, should be the aim of this Association.

SECTION I The Association shall consist of all the Secondary Schools in Northeastern Ontario within the area from Temagami in the south, northwards to Attawapiskat, and westward to Hearst.

SECTION II The Association recognizes that its members are first and foremost teachers, and that coaching is done on a voluntary basis. The NEOAA/AANEO reserves the right to conduct or curtail and NEOAA/AANEO sponsored activity with approval of Association members.

ARTICLE III OFFICERS

SECTION I

- a) The Association shall choose an executive from persons actually engaged on staffs of member schools: The Past President is the Association President from the previous year. The offices of President, first vice-president, Second vice-president, Principal’s Representative, Secretary, and Treasurer are to be filled by nomination and election each second year at the Annual Meeting.
- b) The Association shall elect each second year an OFSAA CGA and CBA representative.
- c) Conveners shall be elected by the Association at the Annual Meeting.
- d) Board of Reference
 - i) Procedure to Request:
The appellant school will submit a request, in writing, to the Secretary of the Association. The Secretary and the President will determine if the situation warrants a Board of Reference to be called, or they may propose an alternate action.
 - ii) Structure:
The Board of Reference shall consist of four members of the NEOAA/AANEO, one being the President, the other three to be elected at the Annual Meeting, one each from the North, Central and South. In the event that one member comes from the school involved in the protest, he or she will be replaced by a representative of the same area as selected by the President. In the event that the President’s school is involved or the President is in a position of a conflict of interest, the Past President will act as the

chairperson.

The President will act as the chairperson of the Board and he or she will have no voting power.

ii) Duties:

The Board of Reference shall be empowered to interpret Articles of the Constitution, By-Laws, and Playing Regulations of the Association and to deal with referrals and references as it deems appropriate. The Board shall determine the level of sanctions to be imposed for violations of Association Articles, By-Laws, and Playing Regulations.

Specifically, the Chairperson shall:

1. Inform the Head of Physical Education of the appellant and defendant schools that a Board of Reference has been called, and will clearly state the allegations being made against the defendant school.
2. Notify the members of the Board that a Board of Reference has been called and will ensure all appointed members wish to continue to serve as members of the Board.
3. Declare to all parties that any information received shall be considered as sensitive and strictly confidential.
4. Collect a written statement(s) from all parties involved within 15 days of the notification.
5. Distribute all information collected to the members of the Board of Reference and to the Head of Physical Education of the schools involved.
6. Collect input from each member of the Board of Reference, as well as any additional information from the appellant and/or defendant school(s) within 7 days of distributing the information. Any additional information collected at this point will also be shared with the members of the Board of Reference.
7. Convene a conference call with the members of the Board of Reference within 7 days of receiving the individual input from the members of the Board.
8. Once a decision has been made, the Chairperson shall notify, in writing, the Head of Physical Education of the schools involved as well as the Head convener of the sport of decision of the Board of Reference.
9. The Chairperson will also send a copy of the decision to the Secretary of the Association

The members of the Board of Reference will serve as the Reclassification Committee.

e) Board of Reference Appeal Board

The Board of Reference Appeal Board shall consist of four members of the Association, one being the 1st Vice President, the other three to be elected at the Annual Meeting, one each from the North, Central and South. In the event that one member comes from the school involved in the protest, or a conflict of interest is declared, the Chairperson will replace the member. The First Vice President will act as the chairperson of the Board and he or she will have no

voting power.

In the event that a school wishes to appeal a decision of the Board of Reference, the following procedure shall be followed:

- i) The challenge to the ruling of the Board of Reference shall be in writing and shall include the reasons for the challenge. The challenge shall be forwarded to the Chairperson of the Association's Board of Appeal by email, within 60 calendar days of the decision made by the Board of Reference. The challenge must be accompanied by a fee of \$50.00, refundable if the challenge is upheld.
- ii) The Board of Appeal shall not convene over the summer, Christmas holidays or the March break. The Chairperson will extend all time constraints when the appeal process and a holiday overlap.
- iii) The Head of the Physical Education department and the Principal of the school must be notified of the intent to appeal and shall receive copies of the documentation.
- iv) The appellant school shall send identical copies of its challenge by email to the Principal of each school involved in the dispute. The Principal is responsible for forwarding the information to the Head of the Physical Education department and to the coaches involved.
- v) All pertinent information and names of individuals having knowledge of facts shall be identified and included in the mailing. Each of these persons shall provide a written statement.
- vi) All schools affected by an appeal of the decision of the Board of Reference may be granted up to 30 calendar days by the Chairperson in which to prepare a written response to the appeal. The response shall be in writing and should include the statements of those persons having direct knowledge of the events contributing to the incident. Copies shall be forwarded by e-mail to the Chairperson and to all the parties involved.
- vii) Upon receipt of the challenge, the Chairperson shall convene a Board of Appeal. The Chairperson will forward the copies of the appeal to the committee members and shall communicate with all members to discuss the situation. A conference call may be authorized. The Chairperson may convene a hearing. Where a hearing is convened, the date, time and location will be sent to the parties involved by the Chairperson. The parties are entitled to be accompanied by resource people of their choice. The names and areas of responsibility must be submitted to the Chairperson forty-eight (48) hours in advance of the hearing if these individuals wish to be heard.
- viii) Each school is responsible for their expenses incurred during the process.
- ix) Expenses incurred by the Board of Appeal shall be reimbursed by NEOAA/AANEO. Receipts must be submitted.
- x) The Board of Appeal shall render its decision in writing and shall state briefly

the reason(s) for its' decision to all the parties. All documentation shall be kept on file by the Chairperson of the Committee.

xi) The decision of the Board of Appeal shall be final and conclusive.

ARTICLE IV

COMMITTEES

The Association, the Executive, or the President may appoint special committees to carry out the policy and program of the Association.

ARTICLE V

FINANCE

SECTION I

Each member school in the Association shall pay an annual fee of **one dollar per pupil based on the total enrolment as of the last day of September in the current school year**, subsequent to a supplementary levy if necessary.

SECTION II

The above fee shall be payable to the Treasurer not later than the **15th of October of the current school year**.

SECTION III

Since the Association is an active and participating member of OFSAA, the Association Treasurer is authorized to remit to OFSAA the amount of fees for which the Association is committed.

ARTICLE VI

MEETINGS

SECTION I

The President of the Association shall preside over the Annual Meeting of the Association, which will be held in the spring. The time and location for the ensuing year shall be determined by the Association at the Annual Meeting.

SECTION II

- a) The President of the Association may appoint a Resolutions Committee to expedite the business of the Annual Meeting
- b) Resolutions other than those which arise out of the business of the Annual Meeting shall be submitted in writing to the Secretary of the Association at least three weeks before the Annual Meeting. Each resolution shall be prefaced by a brief explanation of its purpose and by any appropriate supporting factual material.
- c) The Secretary shall duplicate the resolutions received and shall circulate copies to all member schools at least one week before the Annual Meeting.
- d) The Resolutions Committee shall meet to examine the resolutions and shall report upon them at the Annual Meeting.
- e) Proposers of resolutions shall have an opportunity to present their arguments to the

Meeting and the Resolutions Committee.

- f) If the Resolutions Committee concurs in a resolution, the Chair shall move its adoption by the Annual Meeting. If it does not concur, the Chair shall explain its reasons but the resolution may still be moved by any delegate from the floor of the meeting.
- g) The steering committee shall consist of 3 people, with at least 1 male and 1 female, and shall be appointed by the President. The steering committee shall determine whether or not a motion may be legitimately brought up under new business.
- h) Resolutions **arising out of business** of the Annual Meeting may be moved under General Business without reference to the Resolutions Committee.

SECTION III

ORDER OF BUSINESS

- a) Adoption of minutes of previous Annual Meeting
- b) Business arising out of the minutes
- c) President's Report
- d) Secretary-Treasurer's Report
- e) Bills and Accounts
- f) Reports of Conveners
- g) Reports of Resolutions Committee
- h) General Business and New Business
- i) Location and time of next Annual Meeting
- j) Group Meeting for Playing Regulation
- k) Set date for annual Scheduling Meeting
- l) Election of Officers for coming year

SECTION IV

Special meetings of the Executive shall be at the request of the President, or any three member schools of the Association.

SECTION V

An annual Scheduling Meeting shall be held in June, the date to be determined at the Annual Meeting. Heads, the designated person responsible for interscholastic sports and Conveners only shall attend this meeting, the purpose of which shall be to schedule events for the next year, including dates and locations. As schools should attempt to declare at this time their intentions as to which activities they will enter for the following year.

SECTION VI

An Annual Heads' Meeting shall be held at a convenient time during the school year to be determined by the Secretary.

SECTION VII

VOTING PROCEDURES

- a. Each school shall be entitled to one vote.
- b. The Past-President and the Principal's Representative shall be entitled to one vote each at all NEOAA/AANEO meetings.
- c. A simple majority vote of votes cast shall pass or defeat any procedural motion.

- d. In the event of a tie, the President shall cast the deciding vote.
- e. Only those delegates in attendance may vote.
- f. Amendments to the Constitution and the By-Laws require a two-thirds majority of votes cast.
- g. Amendments to the Playing Regulations require a simple majority of votes cast.
- h. Notices of motion for amendments to the Constitution, By-Laws and Playing Regulation that are proposed from the floor require a 75% majority vote to pass of the votes cast.
- i. Schools that have not paid their fees for the school year are ineligible to vote at any NEOAA/AANEEO meetings until their outstanding fees are paid.

ARTICLE VIII AMENDMENTS TO THE CONSTITUTION, BY-LAWS AND PLAYING REGULATIONS

SECTION I

- a) Amendments to the Constitution and By-Laws shall occur only at the Annual Meeting.
- b) Amendments to the Constitution shall require a two-thirds majority.
- c) Amendments to the Playing Regulations shall occur at either the Annual Meeting or the Scheduling Meeting.
- d) Amendments to either Boys' or Girls' Playing Regulations shall be discussed and voted upon in either separate or joint meetings with each school entitled to one vote.

SECTION 11

Notices of motion for Amendments must be filed with the Secretary at least two weeks prior to the Annual Meeting and two weeks prior to the Scheduling Meeting. The Secretary must forward copies of the proposed amendments to all member schools at least one week prior to those meeting.

ARTICLE 1X

NEOAA/AANEEO SANCTIONED ACTIVITIES

Any new activity must receive the approval of the NEOAA/AANEEO Annual Meeting before it is to run as a scheduled activity. A minimum of 4 schools must participate during the school year for an activity to be an official NEOAA/AANEEO event. Any activity with 4 or more schools participating at one or more levels of competition, is permitted to declare an NEOAA/AANEEO Champion.

Only those activities found in the Association's Playing Regulations will be allowed to determine a NEOAA/AANEEO Champion. The Champion may then advance to the OFSAA Championship.

BY-LAWS

PART A MEMBERSHIP - CLASSIFICATION OF SCHOOLS

- a) There shall be 3 geographical divisions for a NEOAA/AANEO competitions where practical. These division shall also serve as a basis for committee structure and organization as outlined in the Constitution. These divisions shall be as follows:

SOUTH Ecole Secondaire Sainte Marie, Timiskaming District Secondary School, Englehart High School, Kirkland Lake Collegiate & Vocational School, and Ecole Secondaire Jean Vanier, Peetabeck Academy

CENTRAL Timmins High & Vocation School, Ecole Secondaire Thériault, Roland Michener Secondary School, O’Gorman High School, Iroquois Falls Secondary School, Ecole Secondaire Alliance, and Ecole Secondaire Publique Renaissance

NORTH Ecole Secondaire Cochrane High School, Ecole Secondaire George Vanier, Smooth Rock Falls K-13 School, Ecole Secondaire Jeunesse Nord, Kapuskasing District High School, Ecole Secondaire Publique de Kapuskasing, Cite des Jeunes, Ecole Secondaire Hearst High School, Vezina Secondary School, Northern Lights Secondary School, and Delores De. Echum Composite School

- b) For OFSAA competitions, the OFSAA Constitution shall be used. The NEOAA/AANEO playing regulations will be used to determine representatives to OFSAA competitions. Schools who have obtained approval from OFSAA for Reclassification, must apply for NEOAA/AANEO approval yearly. This must be done by May 31st. Forms may be obtained from the Secretary. Completed forms should be sent to the President.
- c) Athletes from two schools may participate on the same school team when the following criteria are met:
- (i) The two schools have entered into an official mutual arrangement of co-participation for the purposes of school sports activities not currently offered at the smaller school **providing** the smaller school is in compliance with subheadings (ii, iii, iv).
 - (ii) the student population of one of the schools is under 100 students;
 - (iii) the two schools either share facilities or are in close proximity to each other;
 - (iv) the Association supports the mutual arrangement of co-participation of the two schools for sports not currently offered at the smaller school **providing** the smaller school is in compliance with the first three subheadings (i, ii, iii)
- d) Two schools in the same town who are members of NEOAA/AANEO which has a combined total of less than 200 secondary students, may declare to compete as one entity. This declaration is by mutual consent and is not necessarily for all sports.
- e) Application for membership must be made in writing at the Annual Meeting.
- f) In order to remain a NEOAA member in good standing, a school must send a representative

to at least ONE of the following: Head's Meeting, Annual General Meeting or Scheduling Meeting in a given school year. Only members in good standing can participate in NEOAA events the following year. (Effective: Attendance at 2015-16 meeting necessary in order to be eligible for 2016-17 school year sports)

PART B OFFICIALS & OFFICERS

- a) The duties of the Executive shall be:
- * To convene meetings
 - *To determine boundaries and settle disputes
 - *To interpret Articles of the Constitution, By-Laws and Playing Regulations as may be requested by the Executive and Member Schools
 - *To notify the following of their interpretation: the school or division making the appeal and the Secretary
- b) The duties of the President shall be:
- *To preside over all Meetings of the Association
 - *To appoint a steering committee for Annual Meeting
 - *To appoint special committees when necessary
 - *To appoint a Resolutions Committee when necessary
 - *To call a Board of Reference if he or she feels the situation warrants. The President will consult with the Secretary on the matter before convening a Board of Reference.
 - *To complete the forms and info regarding the corporation & web site
- c) The duties of the First vice-president shall be:
- *To take Presidential duties when the President is absent
 - *To be responsible for the upkeep and notification as to the whereabouts of all Association trophies
 - * To chair the Board of Reference Appeal Board
- d) The duties of the Second vice-president shall be:
- *To assist the President and vice-president
- e) The duties of the Treasurer shall be:
- *To collect all Association fees
 - *To deposit all Association monies
 - *To discharge any Association debts
 - *To order awards, score sheets, office supplies
 - *To distribute Association awards
 - *To work with the President regarding Corporation and web site
- f) The duties of the Secretary shall be:
- *To record all business of the Association
 - *To issue pertinent information to member schools
 - *To set the agendas for all meetings
 - *To update & distribute the constitution
 - *To produce and & distribute the calendar of events
 - *To work with the President regarding the Corporation & web site

- g) The duties of the Head Conveners shall be:
*To designate the duties of the divisional conveners and NEOAA/AANEO conveners
- h) The duties of Conveners shall be:
*To prepare an alignment, schedule, play-offs, tournaments or meets for member schools participating in that sport
*To provide officials for playoffs
*To arrange for appropriate trophies to be presented and available in good condition at the site of Championship
*To send out pertinent information and regulations governing the activity under his or her jurisdiction
*To appoint other conveners as necessary to supervise alignments when applicable, and championship tournaments
*To present, or have a representative from the convener's school present, a report at the next NEOAA meeting, following the championship. The report should including a list of competing schools, winners, financial statements and any issues arising. The information presented in the report will be recorded by the secretary in the meeting minutes
*To be responsible for appointing a referee in chief and in this capacity to encourage the provision of clinics and rated officials
*To determine yearly, through a vote of majority of schools participating, the rules governing championship organization
- i) The duties of Committees' shall be:
*To perform the special function for which they were selected
*To make a report in writing to the power which authorized them, with a copy to be sent to the Secretary
*To be available to interpret their report
- j) The duties of the OFSAA Representative shall be:

*The four representatives to OFSAA Legislative Council shall be:

i) The association current President or person whose term of office was in the same school year as the legislative council meeting
ii.) The CGA Rep
iii) The CBA Rep
iv) The Principal's Rep

The CGA, CBA and Principal's Rep are considered part of the Executive
- k) The duties of the Association Principal's Representative shall be:
*To attend the Association Annual Meeting
*To attend the OFSAA Legislative Council
*To be a liaison between NEOAA/AANEO and Principals within the Association
- l) The officers are elected every two years while head conveners and conveners are elected annually.

PART C FINANCES

- a) Association representatives to an OFSAA meeting (including Sport Advisory Committees) shall be reimbursed by the Association for any part of their expenses not covered by OFSAA

- b) Financing of Representatives to OFSAA Sports Advisory Committees shall be as follows:

Mileage	40 cents/km both ways
Accommodation	\$110.00 per night
Meals	\$45.00 per day
Car Rental	If required when it becomes the least costly method of transportation.

Representatives are encouraged to car-pool. When car-pooling is available and an individual elects not to travel with the group, mileage will not be paid to that individual. There may be circumstances which require an individual to travel alone. In such a case, the individual must advise the Treasurer of the need prior to the meeting. The Treasurer may approve this additional cost for mileage.

The amounts are to be approved by the Treasurer before representatives depart for their respective meetings

- c) Members of Special Committees or Representatives engaged in Association business other than Association Meetings, shall have their expenses paid for by the Association at the rates stipulated in b).
- d) At the Annual Meeting, Heads' Meeting and Scheduling Meeting of the Association, the Association shall provide a noon-hour meal for all delegates of the association. Expenses are paid by the Treasurer.

PART D ELIGIBILITY

SECTION I A student who is not an amateur (as defined by OFSAA) shall not be permitted to participate in NEOAA/AANEO.

SECTION II To represent a NEOAA school in any competition:

- *A competitor (boy or girl) must be a registered day student in grades 9- 12 in that school.
- *To be eligible for play-offs in the Association, a competitor must have played in at least one divisional competition at any level. "Played" to mean being dressed and having his or her name on the official roster.
- *An eligible competitor is one who is taking a scheduled program in a semester of year which is not less than 50% of the school semester or year minutes.
- *Ineligible players shall not play in NEOAA/AANEO league games, tournaments or meets
- *An eligible player must abide by the OFSAA Rule regarding the number of years of eligibility
- *a student may only play on one team in the same sport (team or individual) at the NEOAA level during the school year. (eg. a girl can no play on the girls basketball team and then on the boys basketball team in the same school year)
- * In individual sports like wrestling, where a school does not have a program, the individuals of that school should be allowed to train and travel with another school to compete. They should compete for their school however. In individual sports like wrestling the entry fee should be set per individual athlete

SECTION III Subject to special playing regulations, a competitor must be under 20 years of age on the first day of September of the competing school year (12:01a.m.)

SECTION IV

- a. Ideally, a school will declare their intention to participate in a sport in the upcoming school year to the league convener at the annual Scheduling Meeting. A school that has not declared their intention to participate at the Scheduling meeting shall notify the convener within a reasonable time frame prior to the beginning of the season. Allowing schools to participate that have declared their intention after the scheduling meeting is at the convenors discretion.
- b. If a school has not indicated their interest to participate in time to be included in league play they may make their own arrangements to participate in exhibition play within their division. Statistics from these games for the purposes of ranking will not be kept.
- c. A team must be committed to attending the OFSAA Championship in order to participate in a NEOAA Championship where the winner is declared the OFSAA representative. If a team does not attend the OFSAA Championship they will be subject to a ban from the NEOAA Championship the following year, for the sport in which the default occurred

SECTION V

A principal of any member school may at any time declare a student of his or her school to be ineligible.

SECTION VI

Academic eligibility shall be in accordance with the policy established by the principal of his or her respective school.

SECTION VII

SENIOR
JUNIOR
MIDGET

Ages for participating in NEOAA/AANEO activities:

Not reached 19th birthday by January 1st prior to the start of the school year

Not reached 15th birthday by January 1st prior to the start of the school year

Not reached 14th birthday by January 1st prior to the start of the school year

The age stated in the Playing Regulations applies for that activity.

SECTION VIII

All eligibility sheets are to be completed via OFSAA's AELS (Athletic Eligibility List System). Eligibility Lists are to be signed by the Principal and Head of the Physical Education Department and are to be submitted to the Secretary and Convener at least **24 hours** prior to the first league content for NEOAA/AANEO athletic activities at all levels; Midget, Junior and Senior. Such lists are to include the Competitor's full name, year of birth, and age classification. Names of coaches are to be included on the list. Transfer students must be listed separately on the eligibility list with the approval date of their transfer noted behind their name.

OFSAA Championships or Festivals for team sports shall only involve teams which have used OFSAA-eligible student-athletes in all competition during the school year. OFSAA-eligible means the student meets all eligibility requirements as defined in the sport's playing regulations and the OFSAA by-laws. Any team using ineligible student-athletes in any competition during the school year forfeits the right to participate in the OFSAA Championship or Festival.

Notes:

1. The term “competition” does not exclusively refer to league play; it is defined as anytime two teams play against each other on a playing surface, whether in Ontario or elsewhere.
2. The requirement that only OFSAA-eligible athletes be used in all competition applies solely to teams qualifying for OFSAA Championships or Festivals. This does not apply to teams in leagues that do not send teams to OFSAA Championships or Festivals unless otherwise stated by the local or regional high school athletic body of which the school is a member.
3. Team sports shall be considered to be:
 - a. Boys’ golf
 - b. Soccer
 - c. Football
 - d. Basketball
 - e. Volleyball
 - f. Hockey
 - g. Curling

Where a school does not submit their eligibility lists a team and/or competitor remains ineligible until the eligibility sheet is submitted to the Secretary and Divisional Convener. Failure to submit the form will result in forfeiture of all games played. Once the form is submitted the team or individual is eligible for play.

SECTION IX Subject to rules and regulations found elsewhere, the signatures of the Principal and Head of the Physical education Department shall declare the competitor eligible. The accuracy of these lists is the responsibility of the principal and department head.

SECTION X False statements on the eligibility list will mean the loss of the games in which an ineligible player participated.

SECTION XI Each competitor should be able to furnish an official birth certificate or certification of age upon request of the Convener or Secretary.

SECTION XII Expulsion or suspension from school, will render the competitor ineligible until he or she is reinstated by the Principal of the school concerned.

SECTION XIII Participation in more than one league contest leading to qualification to the NEOAA/AANEO Championship of a higher age classification, shall render a player ineligible for a lower age classification for the balance of the season in that sport. This is not to include exhibition games, which are games that do not affect league standing or qualification to NEOAA/AANEO Championships.

SECTION XIV NEOAA/AANEO TRANSFER POLICY

- a. The Association recognizes the right of the student and their family or guardian to choose which school they attend and which subjects they study. The Association is charged with the responsibility of drafting, implementing and enforcing rules of eligibility for those who seek the privilege of participating in NEOAA/AANEO sanctioned games, tournaments and championships. The overriding purpose of these rules is to ensure fair and equitable competition.
- b. No school shall include in its lineup any student who has been registered as a transfer from another school within the previous twelve (12) months. Schools allowing transfer students to

participate in NEOAA/AANEО sanctioned activities while the said student is still ineligible forfeit contests already played.

- c. The Association's Transfer Policy applies to all students residing within or moving into the geographic area serviced by NEOAA/AANEО.
- d. In accordance with the Association's Transfer Policy Procedural Process, a student or his or her representative may apply to the NEOAA/AANEО Transfer Appeal Board to be deemed eligible to participate in NEOAA/AANEО athletic activities.
- e. The Association charges the receiving school with completing the appropriate transfer form as published and made available to all member schools. This form outlines the criteria under which a student may apply in order to become eligible.
- f. The Association charges the receiving school to submit all pertinent documentation along with the transfer request. These documents may include but are not limited to court orders, course timetable and transcripts, program descriptions, parental letters, reports from mental health facilities and university/college requirements that support the application for transfer.
- g. The NEOAA/AANEО Transfer Board will consist of Five (5) members: The three primary members include the President, The Past President and the Principals' Representative; the secondary members include the Secretary/CGA or CBA Representative and the Treasurer/CGA or CBA Representative. Three (3) members of the Transfer Board are required to rule on any transfer as deemed necessary by the President. Should a conflict of interest arise, or a member is unable to attend, a member's place on the Board shall be taken by a member of NEOAA/ANNEО as selected by the President. A conflict of interest will arise when the transfer involves a student who is either leaving the school of one of the Transfer Board members, or entering a member's school or any situation deemed as such by the NEOAA/ANNEО Executive.
- h. Transfer Appeal Procedures: NEOAA/AANEО
 - i. Transfer appeal forms must be sent to the NEOAA/AANEО President. NEOAA will use the OFSAA-Transfer Policy Appeal Form that is provided by OFSAA in September of each school year.
 - ii. Persons responsible for interscholastic sports should indicate all transfer students on the eligibility forms with the approval date of their transfer noted behind their name.
 - iii. The Transfer Board will meet via email/phone call whenever needed as requested by the President. The Transfer Board will endeavor to rule on a transfer within one week of receiving all required documentation.
 - iv. The Transfer Board will hear appeals concerning the eligibility of students from member schools under the OFSAA transfer policy.
 - v. Procedures
 - v.1 A school requesting that the Transfer Board approve a student for NEOAA/ANNEО/OFSAA play must make such request on the NEOAA/ANNEО TRANSFER FORM and include all necessary documentation. The transfer request must be submitted to the President.
 - v.2 A school not having the proper documentation will NOT have their student(s)

considered by the Transfer Board and will be asked to resubmit the request once all documentation has been secured.

v.3 The Transfer Board will review and approve, if appropriate, all transfer appeal requests that have outgoing principal and athletic director approval and meet the conditions established by OFSAA and the local transfer committee

v.4 A majority vote will approve or disapprove each application. Any decision of the Transfer Board may be appealed to the OFSAA Board of Reference-Transfers.

- vi. All transfer students deemed ineligible for NEOAA/AANE0 sanctioned activities leading to a NEOAA/AANE0 Championship or to an OFSAA Championship.
- vii. Students seeking eligibility who do not qualify under any of the sections as defined on the NEOAA/AANE0 Transfer Appeal Form may apply in writing to the Transfer Appeal Board. The student or his or her representative must outline their position and provide all supporting documentation. The request will be sent to the President.
- viii. The NEOAA/AANE0 Transfer Appeal Form will be attached as an addendum to the Constitution. It will be made available to each school as early as possible in the school year. Until it is distributed, the form from the previous year will be used.
- i. Transfer Appeal Procedures: OFSAA

The deadline for appeals to the OFSAA Board of Reference is fifteen (15) day prior to the scheduled dates of the meeting of the Federation's Board of Reference. The dates for these meetings are available through the OFSAA office or at the OFSAA website at www.offsaa.on.ca.

PART E COACHING PERSONNEL AND DEPARTMENT

- a) All school teams must be in the charge of a teacher or competent adult to be present and to be responsible to the school and the Association for the conduct of the team.
- b) A high school student must have an approved supervisor preferably a teacher on the bench.
- c) Players and coaches who are guilty of criticizing officials who act in their games, whether the criticism is to him in person or public, or who are guilty of unsportsmanlike conduct, are open to censure from the Association and are liable to this Association.
- d)
 - i. Misconduct on the part of players, coaches or officials should be reported to the NEOAA/AANE0 Secretary within 48 hours of the conclusion of the contest. A complete explanation of the occurrence including date, time, location & witnesses should be sent to the following individuals within five (5) working days: Principals' Representative, Divisional and Head Convener, the Offender's School Principal and the person in charge of interscholastic sports, the offending person(s) named and the person in charge of interscholastic sports from the school submitting the report.
 - ii) In each instance where a coach has been ejected from a contest the head/designated person responsible for interscholastic sports of the host school of the event must file a report to the Secretary of the Association. The Secretary will then send a copy of the report to the offending coach and to the offending coach's Principal. The report should include the name of the offending

coach, the circumstance associated with the ejection and the name of the officials involved.

- e) It is the responsibility of each member school to use every means at its disposal to impress upon faculty, students, players, coaches, and spectators the values and importance of good sportsmanship in the preparation of an interscholastic event and/or contest.

It is the responsibility of the host school to take the following precautions at any NEOAA/AANE0 sanctioned event.

- i) Take proper steps to assure the comfort and security for all players, coaches, and officials.
 - ii) Have in place sufficient supervision personnel to handle spectator related problems
 - iii) Take appropriate action in regards to any type of gender or racial stereotyping and/or derogatory comments made by faculty, players, coaches, officials, and spectators.
 - iv) The NEOAA/AANE0 Board of Reference shall have the authority to assess penalties against schools, players, and/or coaches for inappropriate conduct during any NEOAA/AANE0 sanctioned event. If schools are not satisfied with the outcome of the penalty, it can be appealed.
 - v) All schools are encouraged to promote cultural awareness.
- f) i) The host school should produce and circulate prior to the activity a list of regulations (eg. Smoking areas, hats)
- ii) If a complaint results from an incident involving the misconduct of a student(s), the following steps should be followed until a satisfactory decision has been made:
- * the concerned coach should notify the offending student's coach
 - *the concerned coach should notify his or her physical education department head, who if necessary shall contact the department head of the offending student's school
 - *the concerned coach's department head, if necessary, will notify his or her principal who may contact the principal of the offending school.

Player Deportment

1. Where a player is ejected from a NEOAA/AANE0 sanctioned event, he or she will be suspended from further play in that sport fro his or her school until the situation is reviewed by the Board of Reference. Playing Regulations that clearly outline sanctions will take precedence over this Article for the first offence only.

In every case, the home team will be required to submit a written report to the President within two (2) working days. A copy shall be shared by the President with the Head Convenor, the Local Convenor and the Head of Physical Education of the visiting school.

The Board shall be empowered to apply and sanction which it deems appropriate in any and all circumstances.

2. Where the same player is ejected from any NEOAA/AANE0 sanctioned activity a second time in his or her high school career, he or she will forfeit his or her privilege to participate in that sport for the remainder of the season, including all exhibition and tournament play, play-offs and OFSAA Championships.

3. Any player who fights during NEOAA/AANEO sanctioned event will be suspended from all NEOAA/AANEO athletic activities for the remainder of the school year or eight (8) months, whichever is the least. The matter will be reviewed by the Board of Reference who may assess any additional sanctions as it may deem appropriate. Where the fight occurs at any time away from the field of play and where it can be demonstrated that the fight is a result of competition, the same sanction shall be applied.

The Principals of the student(s) involved in the fight shall be informed at the earliest possible convenience of the incident.

Any player from NEOAA/AANEO who fights while participating in an exhibition tournament outside the Association's boundaries will be subject to the same disciplinary sanctions. The Coach is charged with reporting errant behaviour to the Association.

Any player or school may make an appeal to the Board of Reference to have the matter or sanction reviewed. The Board shall be empowered to uphold, rescind or invoke an appropriate sanction once it has studied the written reports submitted to it by all of the parties involved.

The parties may make a presentation to the Board of Reference. All parties will be informed as to the date, time and location of the hearing. All involved parties will be allowed to make a presentation. Parties must notify the Chair of the Board of Reference 48 hours prior to the meeting.

The player shall remain suspended from all athletic competition until the matter has been acted upon.

PART F AWARDS

1. A NEOAA/AANEO Award will be presented to Association competitors under the following classifications:
 - i) Team Sports
 - ii) Team and Individual Sports
 - iii) Individual Sports
 - iv) OFSAA "A" or "AA" Qualifying Championships

All members of Association championship team sports classified at "Team Sports" will receive an NEOAA/AANEO Award.

All members of Association Championship teams as well as individual winners in sports classified as "Team and Individual Sports" will receive an NEOAA/AANEO Award. All individual winner in sports classified as "Individual Sports" will receive a NEOAA/AANEO Award.

A Representative Award shall be given to all sports requiring an OFSAA "A" and/or "AA" qualifying mechanism.

The NEOAA/AANEO Champion shall be awarded the Association Championship Medal with the red ribbon.

2. The Convener will purchase sufficient Awards from the Treasurer to meet the needs of each championship event. These Awards will be financed through entry fees for each championship event. Fees for

NEOAA/AANEO medals will be five dollars per medal.

3. Team: Volleyball, Curling, Basketball, Soccer
 Team & Individual: Cross Country Running, Cross Country Skiing, Wrestling, Track & Field, Table tennis, Badminton
 Individual: Swimming

PART G PROTEST

- a) All protests must be sent to the President with copies to the Convenor, Secretary, and to all schools involved in the protest. All protest should come from the Head of Physical Education Department and must be signed by the principal.
 If a protest involves a particular contest, it must be received in writing within one week of the conclusion of the contest. However, if the contest being protested occurred within 2 weeks of the NEOAA/AANEO Championship; the protest must be received in writing two working days (Monday to Friday with the exception of statutory holidays) of the conclusion of the contest.
- b) A deposit of \$25.00 must accompany every protest; this deposit to be refunded if upheld.
- c) The President will examine the protest and after consulting with the Secretary and Convenor will decide whether a Board of Reference will be called.

PART H PAYMENT OF OFFICIALS

- a) Teachers who act as officials at NEOAA/AANEO events may be given an honorarium for the time spent officiating during school hours for which they are already drawing salary.
- b) In compensating teachers for the time spent officiating outside of school hours and traveling to and from events, the Association should follow practices which are flexible enough to give recognition to the many variations in the circumstance of the various activities, time and locations with which the NEOAA/AANEO is concerned.

PART I GENERAL

- a) A standard eligibility form will be provided and given to all Department Heads.
- b) Any school, intentionally breaking eligibility rules, will be removed from that sport for the rest of the year. All points obtained in competition with that team shall not count.
- c) The Treasurer may allocate \$300.00 of Association's funds on a yearly basis for the sole purpose of assisting member schools who wish to host an officials clinic. The following guidelines will serve as a basis for allocating funds:
- i) Each clinic will be sponsored up to a maximum of \$100.00
 - ii) All clinics must be advertised throughout NEOAA/AANEO schools.
 - iii) The clinic must involve at least 3 member schools.

iv) Registration fees collected from participants must exceed amount of requested from the Association.

v) The clinic should lead to a rating or certification of officials.

vi) Requests for funding must include a total outline of the clinic program, sources of funding, number of participants and other pertinent information. This information must be forwarded at least 4 weeks prior to the clinic, to the Treasurer.

vii) The granting or refusal of funding will be at the discretion of the Treasurer.

vii) All request for funding of clinics must be submitted for approval at the Scheduling Meeting.

PART J TEAM CHAMPIONSHIPS

a) If one division is unable to host a NEOAA/AANEO Championship due to lack of entries, that championship will remain in that division until a championship takes place.

b) In the event that a member school outside of the areas accessible by provincially maintained Highways earns the right to host a NEOAA Championship that school can select their host school from the represented region based on facility availability.

PART K PARTICIPATION IN OFSAA CHAMPIONSHIPS

1. NEOAA/AANEO Champions will represent the Association at OFSAA Championships in their respective discipline provided that all of the provisions of this Article are fulfilled.
2. When fewer than 4 member schools participate in a NEOAA/AANEO sanctioned activity and where an Association Champion cannot be declared as per Article IX of the Constitution, the winner of NEOAA/AANEO play will be allowed to represent the Association at the OFSAA championship provided that all of the provisions of this article are fulfilled.
3. In extenuating circumstances, when the Association Champion or Association Representative cannot attend the OFSAA Championship, and has faced the sanctions outlined in ByLaw- Part D – eligibility section IV e), the Head Convener will invite the second place finisher of NEOAA/AANEO play to attend the OFSAA Championship. The process may be continued until a member school accepts to represent the Association.
4. Association representatives are required to comply with all OFSAA eligibility requirements.
5. In order to declare NEOAA/AANEO Champion or an Association Representative to any OFSAA Championship or an Association Representative to any OFSAA Championship, playing regulations shall be outlined in the Association Playing Regulations.
6. A convener shall be named to co-ordinate the activity.
7. NEOAA/AANEO Championship dates will be included in the Association calendar at the Scheduling Meeting.
8. Member schools will declare their intention to participate at the scheduling meeting or as outlined in the Association By-Laws, Part D, Eligibility, Section IV.
9. The Association will declare its participation in OFSAA Championships by the dates outlined annually in the OFSAA Constitution, By-Laws and Playing Regulations.

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GIRLS BASKETBALL

- AGE** According to Eligibility Section VII page 16.
- SERIES** The Conveners will develop a format for competition agreeable to the majority of the members in that competitive alignment. The season, including the NEOAA/AANE0 tournament, shall end no later than one full week prior to the OFSAA tournament.
- ELIGIBILITY** As per By-Law D, Sections XIV.
- An 'A' school may declare their intention to participate in the 'AA' division. They must inform the head convener of their intention, prior to their first league contest and their intention must be recorded on their eligibility sheet. If the 'A' school declares that they will participate in the 'AA' division, they forfeit their right to participate in the OFSAA 'A' Championship Tournament and will participate as an 'AA' school.
- If required, an OFSAA 'AA' Championship Tournament may need to be played which will follow the same procedure as the OFSAA 'A' Championship Tournament.
- NEOAA CHAMPIONSHIP** MIDGET and JUNIOR
- The Midget and Junior NEOAA/AANE0 Championship Tournament will involve a 4team championship with a consolation format. Teams from the same division should not meet in the first round. All divisions shall have representation in the tournament. If required, the method of completing the tournament draw will be voted on at the Scheduling Meeting. The convener shall attempt to seed the draw. The NEOAA/AANE0 tournament shall be rotated on a fixed basis from Central to North to South whenever possible.
- SENIOR**
- Any school hosting a NEOAA Basketball Championship at the Senior Level must have shot clocks. If shot clocks are not available at the host school, then they forfeit their right to host. The new host site will be the highest seeded school where shot clocks are available.
- The NEOAA A/AA Championship Tournament will be a 4 team Championship with a "Play-In" game being played the week before to qualify the 4th team in the Championship.
- The NEOAA Championship tournament will be held during the week prior to the deadline for OFSAA entries.
- 3 division winners gain entry to the NEOAA Championship Tournament.
- Teams that do not win their division (North, South, Central) will submit their **complete** season record to the head convener to be considered for the 4th qualifying team for the NEOAA Championship (to be submitted no later than one week before the NEOAA Championship). Teams will be ranked according to the following criteria:
- Head to Head record with other applying teams
 - Record with common opponents
 - Overall record

- Strength of season

The top wild card 2 teams will play a “Play-In” game at a mutually agreed upon location. The winner will advance to the Championship Tournament. The game will be played no later than 2 days prior to the NEOAA Championship tournament.

Championship Tournament

Game 1 – South vs Play-In Winner*
 Game 2 – North vs Central *
 Game 3 – Game 1 Loser vs Game 2 Winner
 Game 4 – Game 1 Winner vs Game 2 Loser
 Optional Bronze Medal Game if needed for OFSAA qualifying purposes
 Game 5- Winners of Games 3 and 4

(If there is one AA team in the Championship Game they automatically qualify for AA OFSAA regardless of Championship outcome, if both teams are ‘A’ then the winner chooses classification and 2nd place fills the other classification

***Game 1 and Game 2 match ups will rotate on a yearly basis i.e. Year 1 North vs Central and South vs Play-in, Year 2- Central vs South and North vs Play-In, Year 3- South vs North and Central vs Play-In**

Possible Timeline:

Day 1: Game 1 5:00 pm
 Game 2 6:30 pm
 Day 2: Game 3 9:00 am
 Game 4 10:30 am
 Bronze Medal if needed 1:00 pm
 Gold Medal 3:00 pm

PLAY PLAYING REGULATIONS FOR DIVISION PLAY

- 1) Total points over the whole schedule shall determine the winner.
- 2) At the conclusion of the schedule, if a tie between two teams exist, a play-off game will be played. If a tie exists among three teams, a round robin tournament will be played. If at the conclusion of the tournament a tie still exists, the point spread recorded by the three teams in contention at the tournament will determine first, second and third place. The site of the play-off game or tournament will be a neutral court, chosen by the Division Convener.
- 3) NEOAA/AA NEO score sheets should be faxed to the convener immediately after each game.

FINANCING

Each school pays its own transportation. Schools will share costs of officiating during the regular playing schedule. NEOAA/AA NEO Tournament expenses are drawn from the teams involved.

RULE BOOK

The rules for basketball will be consistent with those adopted by OFSAA.

OFFICIATING

For all NEOAA/AANE0 competition, no students are to be used as officials unless both participating teams agree to their use. The visiting team will have the right to supply one official for each game. If the visiting team is not going to supply an official they will notify the host school at least 48 hours before game time. When the visiting team is not going to supply an official and the host school has been notified in the prescribed time, the provision of officials will be the responsibility of the host school.

Where utilized, the local referees association will be responsible for assigning officials for all league games.

For all NEOAA/AANE0 Championship tournaments/games and all OFSAA Qualifying tournaments/games qualified officials will be used. A qualified official is deemed to hold valid IAABO certification for the current playing season.

GIRLS HOCKEY**NEOAA/AANE0 CHAMPIONSHIP**

No school will be eligible to proceed into the play downs for the NEOAA/AANE0 title unless during the season it competed in a regular schedule of games with other school teams, consisting of a minimum of six (6) NEOAA/AANE0 league games of six (6) exhibition games against any sanctioned high school teams.

The NEOAA Championship will consist the top 4 teams at the end of the regular season. The Championship will be played over a two (2) day period. Each team will be part of a single round robin.

- a) All team will be guaranteed three (3) games with a minimum of 2 hours between games.
- b) Each team shall play two (2) games on the first day and on game one (1) game on the second day followed by the playoffs. The top two teams after the round robin will playoff for the NEOAA Championship.
- c) Tie Breaker procedure to determine standings in pool play--

Note: A maximum of a five (5)-goal point spread, regardless of the score, will be used to determine goal differential.

(i) If two teams are tied for a playoff position:

- The team which won the game between the two tied teams during pool play shall receive the position
- If their pool game was a tie, then the team with the greater goal differential ("goals for" minus "goals against") shall receive the position
- If still tied, the following equation shall come into effect: "goals for" minus "goals against" divided by "goals against" The team with the higher number shall advance.

(ii) If three (3) teams are tied for one playoff position:

- If one team defeated the other two teams during round robin pool play that team shall receive the

playoff position

- The team with the greater goal differential ("goals for" minus "goals against") among the three tied teams in pool play, in games involving the tied teams only shall receive the position
- If still tied then the team with the greatest goal differential in all pool games shall receive the position
- If still tied, the following equation shall come into effect "goals for" minus "goals against" divided by "goals against"

(iii) If three (3) teams are tied for more than one playoff position:

- If one team defeated the other two teams during pool play, it shall receive the higher position - If this is not the case, or to determine the remaining positions follow the last three steps as outlined in (ii) above

(iv) If more than three (3) teams are tied for a playoff position:

- The team(s) with the greater goal differential ("goals for" minus "goals against") among the tied teams in pool games involving those tied teams shall receive the position(s)
- If ties still remain the team(s) with the greater goal differential in all pool games shall receive the position(s)
- If ties still remain the following equations shall come into effect: "goals for" minus "goals against" divided by "goals against"

(v) In the event that any of the above do not break the tie for pool placement, the positions will be determined by the number of penalty minutes by the teams throughout the pool play and those teams with the least number of penalty minutes shall receive the position(s).

(d) Points are awarded for pool play as follows:

Regulation win = 2 points, no overtime points, tie = 1 point, regulation loss = 0 points.

The NEOAA/AANEO tournament champion will represent NEOAA/AANEO at the OFSAA Championship

CHAMPIONSHIP OVERTIME PROCEDURE

- (i) **Tie games shall stand in pool play.**
- (ii) **In the event of a tie game at the end of regulation time in playoffs, the following will apply:**
 - 1. One ten (10) minute overtime – (4 on 4)**
 - 2. Overtime period is stop time**
 - 3. Overtime is sudden victory except in a first phase of shootout**
 - 4. In the event that one team is serving a penalty at the end of regulation time, it shall be four on three. If a 2nd penalty is called against the shorthanded team in overtime, it shall be a five on three. When the penalties have expired teams will revert to the four on four.**
 - 5. If still tied, an alternating penalty shot system will be used; five (5) player pool from each team – total goals from five (5) players will determine the winner**

6. If still tied, the remaining players will take alternating shots until a winner is determined.

7. Teams may however revert to the first five shooters, they must shoot in the same order.

ELIGIBILITY

No competitor is eligible whose name has appeared on a game sheet, and has dressed, after **December 1st** for any Senior AAA teams of the CWHL, or who is a member of the National Junior Under 22, National Junior Under 18 or National Senior team.

No competitor is eligible for NEOAA/AANE0 league playoffs unless she has played in a minimum of 50% of her teams' NEOAA/AANE0 regular season games for which he is eligible.

A player that is injured and is identified as injured on the game sheet will not be penalized towards his minimum eligibility games played.

If a game is forfeited, only the players from the team who has forfeited the game will be penalized towards their minimum eligibility games played.

In the event of a game cancellation due to inclement weather and that the rescheduling of this game is not possible due to time restraints, neither teams' players will be penalized towards their minimum eligibility games played

GENERAL

Each school shall be responsible for the conduct of its players and officials. The home team is responsible for supplying pucks, and a score sheet. Once an official schedule is drawn up and approved, it will be considered as final and no changes may be requested less than 2 (two) weeks prior to the game.

An unlimited number of players can be dressed.

All players must wear a C.S.A. approved facial protector and throat protector, and shoulder pads for all games.

Helmets and facemasks must be worn at all times within the playing area.

All games shall be 3-15 minute stopped time periods.

Each team is allowed a 60 (sixty) second time-out per game. League games may be shortened and/or no flood depending on availability of ice time.

The maximum number of players permitted to dress for a game is twenty (20), eighteen (18) plus two (2) goalies. A team must have a minimum of seven (7) players, six (6) skaters and one (1) goalie to start a game. Otherwise the game is forfeited.

A tie in points is decided by:

- i. The team with most wins
- ii. The record between the teams involved in games played against each other.

If the record does not break the tie then:

- i. Goals “for” divided by goals “against”
- ii. Fewest penalty minutes

OFFICIALS

The assignment of officials will be made in conjunction with the NOHA referee-in-chief. The enforcement of rules to be as per constitution and in contact with the Officials Association.

RULE BOOK

The O.W.H.A. Rule book is to be followed except for any amendments or deletions passed by NEOAA/AANE0.

FINANCING

Costs for officials and ice time will be shared equally by all participating teams.

TIMING

Games shall consist of 2 X 15 minute stop time periods with a flood at the end of the second period followed by 1 X 15 minute stop period. League games may be shortened and/or no flood depending on availability of ice time. During the regular season, games finish at the end of regulation time. There will be no overtime or shootout.

GIRLS SOCCER

AGE

According to Eligibility Section VII page 16.

SERIES

The conveners will develop a format for competition agreeable to the majority of members in that competitive alignment.

ELIGIBILITY

As per By-Law (D) Section I-XIV

NEOAA/AANE0 CHAMPIONSHIP

The NEOAA A/AA Championship Tournament will be a 4 team Championship with a “Play-In” game being played the week before to qualify the 4th team in the Championship. The NEOAA Championship tournament will be held during the week prior to the deadline for OFSAA entries.

- 3 division winners gain entry to the NEOAA Championship Tournament.
- Teams that do not win their division (North, South, Central) will submit their **complete** season record to the head convenor to be considered for the 4th qualifying team for the NEOAA Championship (to be submitted no later than one week before the NEOAA Championship). Teams will be ranked according to the following criteria:

- Head to Head record with other applying teams
- Record with common opponents
- Overall record
- Strength of season

The top wild card 2 teams will play a “Play-In” game to be played at a mutually agreed upon site. The winner will advance to the Championship Tournament. The game will be played no later than 2 days prior to the NEOAA Championship tournament.

Championship Tournament

Game 1 – South vs Play-In Winner*

Game 2 – North vs Central *

Game 3 – Game 1 Loser vs Game 2 Winner

Game 4 – Game 1 Winner vs Game 2 Loser

Optional Bronze Medal Game if needed for OFSAA qualifying purposes

Game 5- Winners of Games 3 and 4

(If there is one AA team in the Championship Game they automatically qualify for AA OFSAA regardless of Championship outcome, if both teams are ‘A’ then the winner chooses classification and 2nd place fills the other classification

***Game 1 and Game 2 match ups will rotate on a yearly basis i.e. Year 1 North vs Central and South vs Play-in, Year 2- Central vs South and North vs Play-In, Year 3- South vs North and Central vs Play-In**

Possible Timeline:

Day 1: Game 1 5:00 pm

Game 2 6:30 pm

Day 2: Game 3 9:00 am

Game 4 10:30 am

Bronze Medal if needed 1:00 pm

Gold Medal 3:00 pm

RULES & OFFICIALS The Rules of Soccer as they appear in the F.I.F.A. Handbook shall govern play in the NEOAA/AANEO Season. It will be played with the following exception:

In the Association we will reconsider item 4 under F.I.F.A. rule change. Because there are days when our youngsters play in snowy or cold weather we will allow players to wear track pants, tights or cycling shorts. We will have to resort to F.I.F.A. when playing outside the Association.

- a) The maximum numbers of players per team is 22.
- b) Shoes with steel toes and/or cleats (including a composition cleat with metal tip) are not to be worn by any competitor.

- c) All games consist of two forty minute halves.
- d) Overtime play at the championship tournament will consist of two 10 minute halves. If still tied, a shootout by 5 separate players who were on the field at the final whistle will occur. If the game is still tied, the teams participate in a sudden death shootout using different players.
- e) Law X11 - Fouls and Misconduct. A player shall be “cautioned” if:

She enters or re-enters the field of play to join or rejoin her team after the game has commenced, or leaves the field of play during the progress of the same (except through accident) without, in either case, first having received a signal from the referee showing him/her that he/she may do so.

She persistently infringes the Laws of the Game.

She shows by word or action, dissent from any decision given by the referee.

She is guilty of unsporting conduct.

A player shall be sent off the field of play if:

In the opinion of the referee she is guilty of violent conduct or serious foul play.

She uses abusive language.

She persists in misconduct after having received a caution.

A player shall be ejected from the game after receiving a second caution and for infractions of Law XII.

If a player receives a red card she must leave the field for the remainder of the game (no substitution allowed) and may not play in her team’s next league, NEOAA/AANEO or OFSAA game.

It is the responsibility of each coach to monitor this policy, as well as to forward to the local convenor, the player carded with a referee statement as quickly as possible.

SUBSTITUTION

Unlimited substitution:

May occur at goal kicks, goals scored, and at half time;

On throw-ins when your team has the ball or when the other team is substituting on their throw-in except for the last five minutes of the game;

In case of injury, substitution is permissible at the referee’s discretion;

Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and

she may re-enter the game at a regular substitution period.

OFFICIALS

The home team is responsible for providing a referee and two lines people. It is the responsibility of the referee to complete the referee's report section of the score sheet and sign the score sheet at the conclusion of the game.

SCORE SHEET

It is the responsibility of the Home Team to see that the score sheet is filled out and presented to the referee before the game. All games played within the NEOAA/AANEO should have the results recorded on an official NEOAA/AANEO Soccer Score Sheet. The completed score sheet should be forwarded by the Home Team to the Convenor immediately after the game. The Convenor should send out periodic league standings and games score to all member schools of the Association and to the news media.

BALL

The Home Team is responsible for supplying an official leather soccer ball.

FINANCING

Each school pays their own transportation. The costs of the referee (and lines person) are borne by the Home Team and as such are responsible for payment of officials.

GIRLS VOLLEYBALL

AGE

According to Eligibility Section VII page 16.

SERIES

The conveners will develop a format for competition agreeable to the majority of members in that competitive alignment. The season, including the NEOAA/AANEO Tournament, shall end no later than one full week prior to the OFSAA Tournament.

ELIGIBILITY

NEOAA/AANEO CHAMPIONSHIP

Midget & Junior

The Junior and Midget NEOAA/AANEO Championship will be a four team round robin with the top two teams playing a championship match. All matches are 2 out of 3 games. One point will be awarded per match won. All divisions shall have representation in the tournament. If required, the method of completing the tournament will be voted on at the Scheduling Meeting. The NEOAA/AANEO Tournament shall be rotated on a fixed basis from central to north to south whenever possible. The first place team in the division will host the tournament.

Senior

Have a six team tournament with the top two teams from each division at the school of the host region. This tournament will take place over 1 day with the teams being ranked in two pools (Pool A – 1,3,6 & Pool B – 2,4,5) and play two games within their pool. Top two teams from each pool will move on to a cross-over semi-final playoff, with the winners playing each other for the championship. Pool games will consist of the best 2 out of 3 sets, and the playoff games will also consist of the best 2 out of 3 sets.

WARM-UP

A minimum of three minutes free floor time as soon as court is available.

PROCEDURE

A minimum of three minutes of hitting with only one team at the net. The hitting team's back court is available for ball handling drills by the non-hitting team.

One minute of serving by one team at a time while the waiting team returns the ball to servers by rolling the balls under the net

The winner of the coin toss hits first and serves first.

****Recommended procedure for divisional and exhibition tournaments****

TIE BRAKING PROCEDURES**Tie breaking rules –**

(i) If two (2) teams are tied at the end of the preliminary round for positions in the championship playoffs, the team winning the match between the two tied teams shall receive the higher ranking.

(ii) If three (3) teams are tied at the end of the preliminary round, the following criteria shall be applied to determine their rankings:

(a) the team having the best ratio of won/lost matches, considering matches played among the tied teams only in pool play, will be ranked higher;

(b) the team having the best ratio of won/lost sets (games), considering matches played among the tied teams only in pool play, will be ranked higher;

(c) the team having the best ratio of won/lost sets (games), considering all matches in pool play will be ranked higher;

(d) the team having the best ratio of points for/against, considering games played between the tied teams in pool play will be ranked higher;

(e) the team having the best ratio of points for/against, considering all games played in pool play, will be ranked higher.

ELIGIBILITY	As per By-Law D, Sections I-XIV
FINANCING	An entry fee will be charged to cover NEOAA/AANE0 awards and officials.
RULE BOOK	Canadian Volleyball Association Rules and exceptions adopted by OFSAA. Head Convener shall outline and distribute any new rule changes prior to start of season to inform coaches/athletes/officials.
OFFICIALS	In divisional and NEOAA/AANE0 Tournaments OVA rated officials must be used whenever possible. If no rated officials are available, then competent adults should be used. The convener shall schedule the duties of these officials. For NEOAA/AANE0 Championship Tournaments, the convener will select officials. A head referee shall be named at the beginning of the NEOAA/AANE0 Tournament to settle all protests after consultation with the convener, the coaches and officials involved. If the head referee does not feel capable of ruling on the matter, the usual protest procedures (by constitution) must be followed.
OFSAA	The NEOAA/AANE0 Senior Champion shall have the right to represent the Association at the OFSAA Championship based upon any classification system that may evolve.

GIRLS' WRESTLING

AGE	Under the age of 20 as of September 1 12:01 a.m. of the competing year.
SERIES	A number of scheduled tournaments will be held to determine the NEOAA/AANE0 Team Championship. The number of tournaments will not exceed a maximum of four. An NEOAA/AANE0 individual tournament will be held upon the completion of the schedule. The dates for the wrestling tournaments shall be the same as those set for the boys.
ELIGIBILITY	As per By-Law D, Section I-XIV and OFSAA regulations as stated in By-Law 5 section 3.

FINANCING	An entry fee shall be charged which shall be sufficient to cover operating costs of the tournament.	
RULES	The OFSAA Wrestling Rule Book shall govern competition for the tournaments.	
OFFICIALS	Whenever possible qualified officials shall be used.	
O.A.W.A.	Only those wrestlers which place 1 st or 2 nd at the final NEOAA/AANE0 Individual Championship will be entitled to attend the Ontario Amateur Girls Wrestling Championship sponsored by the O.A.W.A.	
NEOAA/AANE0 TEAM CHAMPIONSHIP	The results of the schedules tournaments will determine the NEOAA/AANE0 Team Championship on the basis of:	
	Tournament Champion	5.0 points
	Tournament 2 nd place	3.5 points
	Tournament 3 rd place	2.0 points
	Tournament 4 th place	1.0 pont
	Schools may enter any number of competitors at the NEOAA/AANE0 Championship; however, only the 15 best finishes will count for team points. If two teams are tied for 1 st at the end of the tournament schedule, the team with the greater number of individual champions over the tournament schedule shall be declared the champion. If a tie still exists, the NEOAA/AANE0 Individual Championship points will count towards the NEOAA/AANE0 Team Championship. In order to participate at the NEOAA/AANE0 finals a wrestler must have participated in at least 2 regular season meets.	
NEOAA/AANE0 INDIVIDUAL CHAMPIONSHIP	At the conclusion of the tournament schedule, an NEOAA/AANE0 individual championship shall be held no later that two weeks prior to the OFSAA/OAWA Meet. Schools may enter two competitors per weight class.	
	This championship will be a single elimination and consolation tournament with the third place wrestler allowed to challenge the second wrestler in order to qualify for the Ontario Amateur Wrestling Association Championship.	
WEIGHT CLASSES	Fifteen weight classes will be contested:	
	38.0 Kilograms	41 Kilograms
	47.5 Kilograms	51 Kilograms
	57.5 Kilograms	61 Kilograms
	67.5 Kilograms	72 Kilograms
	84.0 Kilograms	95 Kilograms
		44 Kilograms
		54 Kilograms
		64 Kilograms
		77 Kilograms
		Unlimited

In order to compete in the unlimited class, a wrestler must weigh in at a minimum of 87 kilograms.

When the number of participants may not warrant fifteen weight classes, the convenor, in consultation with participating schools may reduce the number of weight classes from 15 to 8 by combining groups. The unlimited class will remain independent from the rest of the field,

AWARDS

A NEOAA/AANEO Medal shall be presented to the first place finisher by weight category.

UNIFORMS

All wrestlers shall wear an official school wrestling singlet if these are available or a spandex swimsuit with school shorts may be appropriate.

Wrestlers with orthodontal devices must wear protective mouth guard.

BOYS' PLAYING REGULATIONS

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BOYS BASKETBALL

AGE

According to Eligibility Section VII page 16.

SERIES

The convenors will develop a format for competition agreeable to the majority of members in that competitive alignment. The season should end no later than the first weekend in March including the NEOAA/AANEO Tournament.

ELIGIBILITY

As per By-Law D Sections I-XIV with age above.

An 'A' School may declare their intention to participate in the 'AA' division. They must inform the head convener of their intention, prior to January 15 or the start of their divisional play-offs. The Head Convener would then notify all coaches through the department heads of participating schools of the intent of all schools. If the 'A' school declares that they will participate in the 'AA' division, they forfeit their right to participate in the OFSAA 'A' Championship Tournament and will participate as an 'AA' school.

**NEOAA/AANEO
CHAMPIONSHIP**

MIDGET and JUNIOR
The NEOAA/AANEO Midget and Junior Boys Basketball

Championship will be a four team tournament consisting of four games. Championship Tournament will be made up of the three division winners plus the 4th entry selected by the Head Convenor in consultation with the other division convenors. The tournament will be seeded by the Head Convenor (with input from all the convenors) with the first seed playing the 4th and the 2nd seed playing the 3rd.

The tournament format will be as follows:

Game 1 Seed 1 vs Seed 4

Game 2 Seed 2 vs Seed 3

The convenor shall attempt to seed the draw. The NEOAA/AA NEO Championship Tournaments should be rotated.

SENIOR

Any school hosting a NEOAA Basketball Championship at the Senior Level must have shot clocks. If shot clocks are not available at the host school, then they forfeit their right to host. The new host site will be the highest seeded school where shot clocks are available.

The NEOAA A/AA Championship Tournament will be a 4 team Championship with a "Play-In" game being played the week before to qualify the 4th team in the Championship.

The NEOAA Championship tournament will be held during the week prior to the deadline for OFSAA entries.

The 3 division winners gain entry to the NEOAA Championship Tournament.

Teams that do not win their division (North, South, Central) will submit their **complete** season record to the head convenor to be considered for the 4th qualifying team for the NEOAA Championship (to be submitted no later than one week before the NEOAA Championship).

Teams will be ranked according to the following criteria:

- Head to Head record with other applying teams
- Record with common opponents
- Overall record
- Strength of season

The top wild card 2 teams will play a "Play-In" game hosted at a mutually agreed upon site. The winner will advance to the Championship Tournament. The game will be played no later than 2 days prior to the NEOAA Championship tournament.

Championship Tournament

Game 1 – South vs Play-In Winner*

Game 2 – North vs Central *

Game 3 – Game 1 Loser vs Game 2 Winner

Game 4 – Game 1 Winner vs Game 2 Loser

Optional Bronze Medal Game -if needed for OFSAA qualifying purposes

Game 5- Winners of Games 3 and 4

(If there is one AA team in the Championship Game they automatically qualify for AA OFSAA regardless of Championship outcome, if both teams are 'A' then the winner chooses classification and 2nd place fills

the other classification

***Game 1 and Game 2 match ups will rotate on a yearly basis i.e. Year 1 North vs Central and South vs Play-in, Year 2- Central vs South and North vs Play-In, Year 3- South vs North and Central vs Play-In**

Possible Timeline:

Day 1: Game 1 5:00 pm
 Game 2 6:30 pm
 Day 2: Game 3 9:00 am
 Game 4 10:30 am
 Bronze Medal if needed 1:00 pm
 Gold Medal 3:00 pm

** 2018-19 2 separate championships- one for A and one for AA be held as THVS is hosting AA so NEOAA will need to provide two AA teams for OFSAA. Propose AA be held after A**

FINANCING

Teams will pay their own traveling expenses. Home teams will pay the officials unless other terms are arranged.

OFFICIALS

For all NEOAA/AANEO competition, no students are to be used as officials unless both participating teams agree to their use. The visiting teams will have the right to supply one official for each game. If the visiting school is not going to supply an official they will notify the host school at least 48 hours before game time. When the visiting team is not going to supply an official and the host school has been notified in the prescribed time the provision of officials will be the responsibility of the host school.

Where utilized, the local referees association will be responsible for assigning officials for all league games.

For all NEOAA/AANEO Championship tournaments/games and all OFSAA Qualifying tournaments/games qualified officials will be used. A qualified official is deemed to hold a valid IAABO certification for that current playing season.

RULE BOOK

The rule book for Basketball will be consistent with the rules adopted by OFSAA.

GENERAL

The win-loss record and points accumulated by all teams in any league schedule will count in determining representation from that league to a NEOAA/AANEO Championship Tournament, provided a league format is used to determine representation.

It is suggested that all midget teams use man-to-man defense.

NEOAA/AANEO Score sheets should be forwarded to the convener after each game.

BOYS HOCKEY

NEOAA/AANEO CHAMPIONSHIP

No school will be eligible to proceed into the play downs for the NEOAA/AANEO title unless during the season it competed in a regular schedule of games with other school teams, consisting of a minimum of six (6) NEOAA/AANEO league games of six (6) exhibition games against any sanctioned high school teams.

The NEOAA Championship will consist the top 4 teams at the end of the regular season. The Championship will be played over a two (2) day period. Each team will be part of a single round robin.

- a) All team will be guaranteed three (3) games with a minimum of 2 hours between games.
- b) Each team shall play two (2) games on the first day and on game one (1) game on the second day followed by the playoffs. The top two teams after the round robin will playoff for the NEOAA Championship.
- c) Tie breaking procedure for standings in Pool:
 Note: A maximum of a five (5) goal spread, regardless of the score, will be used to determine goal differential.
 - (i) if two (2) teams are tied for a playoff position:
 - A) the team which won the game between the two (2) teams during pool play shall receive the position;
 - B) if their pool game was a tie, then the team with the greater goal differential ("goals for" minus "goals against") during all pool games shall receive the position;
 - (ii) if three (3) teams are tied for one (1) available playoff position:
 - A) if one (1) team defeated the other two (2) teams during the round robin pool play, it shall receive the position;
 - B) the team with the greater goal differential ("goals scored" minus "goals scored against") among the three (3) tied teams in pool play, involving the tied teams only, shall receive the position;
 - C) if teams are still tied, positions shall be determined by dividing the "goals scored" by the "goals scored against" in the pool games involving the tied teams only;
 - D) if two (2) teams are still tied after (c) above, the position shall be awarded to the team that won the game between the two (2) tied teams in pool play; (if the game deciding this position was a tie, then the team

- with the greater goal differential ("goals scored" minus "goals scored against") during all pool games shall receive the position);
- (iii) If three (3) teams are tied for two (2) available playoff positions:
- A) If one (1) team defeated the other two (2) teams during the round robin play, it shall receive the higher position, with the second position granted to the team that won the game between the remaining two (2) teams during pool play; (if the game deciding the second position was a tie, then the team with the greater goal differential ("goals scored" minus "goals against") during all pool games involving these two (2) teams shall receive the position).
- B) The two (2) teams with the best goal differential ("goals scored" minus "goals against" among the three (3) tied teams in pool play involving the tied teams only, shall receive the positions.
- C) If three (3) teams are still tied, the positions shall be determined by dividing the "goals scored" by the "goals scored against" in the pool games involving the tied teams only; if two (2) teams are still tied for a second position, then the team that won the game between the remaining two (2) teams during pool play shall receive the position; (if the game deciding the second position was a tie, then the team with the greater goal differential ("goals scored" minus "goals scored against") during all pool games shall receive the position);
- D) If three (3) teams are still tied, the positions shall be determined by dividing the "goals scored" by the "goals scored against" during all pool games (the two teams with the highest number will advance); if two (2) teams are still tied for a second position, then the team that won the game between the remaining two (2) teams during pool play will receive the position. If the game deciding the second position was a tie, then the team with the greater goal differential ("goals scored" minus "goals scored against") during all pool games shall receive the position.
- (iv) if four (4) teams are tied for a playoff position:
- A) the teams(s) with the greater goal differential ("goals scored" minus "goals scored against") among the four tied teams in pool games, involving the tied teams only, shall receive the position;
- B) if any teams remain tied after (iv)(a) the next determination will be made by dividing "goals scored" by "goals scored against" in the pool games involving the tied teams only. The team with the highest number will advance.
- C) if any teams remain tied after (iv)(a) & (b), the position shall be determined by considering the "head-to-head" game(s) involving the tied teams. The team which won this contest will be awarded the playoff position.
- (v) In the event that any of the preceding tie breaking procedures (i, ii, iii, iv) do not determine a winner, the following equation shall come into effect:
- goals for minus goals against divided by
 - goals for in the pool games involving the tied teams
 - the team with the higher number will advance;
- (vi) In the event that any of the preceding tie breaking procedures (i, ii, iii, iv, v) do not determine a winner, the following equation shall come into effect:
- goals for minus goals against divided by
 - goals for in all pool games

- (vii) If teams remain tied, the winner will be determined by the team with the least number of penalty minutes, involving the tied teams, throughout the tournament. If the teams have the same number of penalty minutes, the winner will be determined by the team with the least number of penalty minutes during pool games.
- (d) Points are awarded for pool play as follows:
 Regulation win = 2 points, no overtime points, tie = 1 point, regulation loss = 0 points.

The NEOAA/AANE0 tournament champions will represent NEOAA/AANE0 at the OFSAA Championship.

ELIGIBILITY

No competitor is eligible for the OFSAA Hockey Championship whose name has appeared on a game sheet, and has dressed, **after his association/board first regular season game or December 1, whichever comes first**, for a team in "A", "B", "C", "D", Major Junior, Junior, Intermediate, Senior or GMHL divisions in any National and/or International Association, or any league deemed equivalent to "A", "B", "C", or "D".

No competitor is eligible for NEOAA/AANE0 league playoffs unless he has played in a minimum of 50% of his teams' NEOAA/AANE0 regular season games for which he is eligible.

A player that is injured and is identified as injured on the game sheet will not be penalized towards his minimum eligibility games played.

If a game is forfeited, only the players from the team who has forfeited the game will be penalized towards their minimum eligibility games played.

In the event of a game cancellation due to inclement weather and that the rescheduling of this game is not possible due to time restraints, neither teams' players will be penalized towards their minimum eligibility games played

SCORING

Uniform score sheets must be used at all NEOAA/AANE0 games. The coach of the home team shall be responsible for seeing that all game sheets are properly filled out, and that scores are phone/faxed/emailed into the media immediately following the game. Game sheets will also be forwarded to the divisional conveners.

TIMING

Games shall consist of 2 X 15 minute stop time periods with a flood at the end of the second period followed by 1 X 15 minute stop period. League games may be shortened and/or no flood depending on availability of ice time.

If there is a spread of five (5) or more goals the final period shall be straight time. If the point spread returns to a 3-goal spread, it returns to stop time.

During the regular season, games finish at the end of regulation time. There will be no overtime or shootout.

CHAMPIONSHIP OVERTIME PROCEDURE

All Championship and Wildcard games shall consist of:

2 X 15 minute stop periods, a flood and 1 X 15 minute stop time.

If the game is still tied at the end of regulation, sudden death overtime will follow. Teams will play one 10 minute period of 4 on 4.

If the game is still tied after the overtime period a shootout will be used to determine a winner. The shootout will consist of a predetermined list of 5 shooters from each team taking alternating penalty shots. If the game remains tied after the shootout, a sudden death shootout shall continue using player who haven't yet participated in the shootout. A shooter may not take a second shot until all players have shot once. (excluding goalies)

RULES

The C.A.H.A. rules are to be in force, except for any amendments or deletions passed by the NEOAA/ANEO. The use of C.S.A. approved neck guard and helmets is mandatory. It is strongly recommended that all skaters wear a mouth guard.

Any player receiving 3 aggressive/discipline penalties will be suspended for the rest of the game. Aggressive penalties shall consist of: stick fouls, roughing, verbal taunting (subject to major/gross misconduct/match penalty), minor penalty -unsportsmanlike. It is the players/team responsibility to ensure the player leaves after his third penalty. Any goal or assist the said player gets after his third penalty will be disallowed and an additional penalty(s) may be assessed.

Any player and/or coaching staff ejected from a game may not return to the ice after the game. This includes championship games and team photos after games. To do so will result in a further discipline by the league.

Any player receiving a game misconduct penalty incurs an automatic suspension for the next league or play-off game in which his team is involved. (Exceptions: for a minor penalty for hitting from behind, a player is removed for the remainder of the game and does not receive an additional game suspension, unless the infraction occurs in the 3rd period.) If a suspended player plays in the next league game or play-

off game in which his team is involved, the said game is forfeited and awarded to the opposing team.

A player who receives a total of three (3) game misconduct penalties during the regular season and/or play-offs shall be suspended for an additional two (2) games. Any player Who has accumulated a total of six (6) game suspensions during regular league play and/or playoffs shall be suspended for the remainder of the season, including playoffs, with any remaining games of the suspension served the following season.

Any player incurring a Match Penalty shall be suspended for the next three (3) league and or play/off games in which his team is involved or number of games assigned by the Referee-In-Chief. If in the opinion of the Convenor(s) and or Referee in Chief that the incident is deemed to warrant further action, they may refer the matter to the NEOAA/AANEO Board of Reference.

A maximum number of 18 players may dress for any game.

Any player who receives a gross misconduct penalty shall be suspended for a minimum of two (2) league and/or play-off games in which his team is involved or as stated by the Referee in Chief. This will automatically be referred to the NEOAA/AANEO Board of Reference.

Any player who receives a total of (4) ten minute misconduct, shall receive an additional one (1) game suspension for the next league and/or play-off game in which his team is involved. Any subsequent ten (10) minute misconduct to this same player shall result in an additional one (1) game suspension.

Each team should dress two goalies for each league and play-off games. If a team does not have a replacement goalie dressed, no time will be permitted to dress the replacement. The game will continue with the legal number of players on for both teams.

There shall be no red line used except for icing.

The legal number of players must be on the ice for each face-off to prevent gaining positional advantage after the drop of the puck.

For any NEOAA/AANEO sanctioned tournaments:

Suspensions before tournaments:

If a player is under suspension at the beginning of a NEOAA/AANEO tournament his suspension will continue for the tournament games.

Suspension during tournament play:

If a player is suspended during NEOAAA/AANEO tournament play, and his suspension has not been fully served during the tournament the remaining games of his suspension shall be served in league play.

When a Principal suspends a player, players or a team from the school, and the school is not able to ice a team for that period of time, all games played during the suspension(s) will be defaulted and will not be rescheduled.

The “clear zone” rule will be in effect during all NEOAA/AANEO league and play-off games.

Game Uniforms:

The Home team may wear white or light-coloured sweaters, except if it conflicts with the visiting team’s sweaters; thus it becomes the responsibility of the Home team to change its sweaters.

Officials:

Officials for all games will be the responsibility of the N.O.H.A. referee-in-Chief in consultation with the NEOAA/AANEO hockey division convenor(s).

BOYS SOCCER

AGE

According to Eligibility Section VII page 16.

SERIES

The conveners will develop a format for competition agreeable to the majority of members in that competitive alignment.

**NEOAA/AANEO
CHAMPIONSHIP**

The NEOAA A/AA Championship Tournament will be a 4 team Championship with a “Play-In” game being played the week before to qualify the 4th team in the Championship.

The NEOAA Championship tournament will be held during the week prior to the deadline for OFSAA entries.

The 3 division winners gain entry to the NEOAA Championship Tournament.

Teams that do not win their division (North, South, Central) will submit their **complete** season record to the head convenor to be considered for the 4th qualifying team for the NEOAA Championship (to be submitted no later than one week before the NEOAA Championship).

Teams will be ranked according to the following criteria:

- Head to Head record with other applying teams
- Record with common opponents
- Overall record
- Strength of season

The top wild card 2 teams will play a “Play-In” game to be played at a mutually agreed upon site. The winner will advance to the Championship Tournament. The game will be played no later than 2 days prior to the NEOAA Championship tournament.

Championship Tournament

Game 1 – South vs Play-In Winner*

Game 2 – North vs Central *

Game 3 – Game 1 Loser vs Game 2 Winner

Game 4 – Game 1 Winner vs Game 2 Loser

Optional Bronze Medal Game if needed for OFSAA qualifying purposes

Game 5- Winners of Games 3 and 4

(If there is one AA team in the Championship Game they automatically qualify for AA OFSAA regardless of Championship outcome, if both teams are ‘A’ then the winner chooses classification and 2nd place fills the other classification

***Game 1 and Game 2 match ups will rotate on a yearly basis i.e. Year 1 North vs Central and South vs Play-in, Year 2- Central vs South and North vs Play-In, Year 3- South vs North and Central vs Play-In**

Possible Timeline:

Day 1: Game 1 5:00 pm

Game 2 6:30 pm

Day 2: Game 3 9:00 am

Game 4 10:30 am

Bronze Medal if needed 1:00 pm

Gold Medal 3:00 pm

The Boy’s NEOAA Soccer Championship will take place in late May, one week prior to the Boys’ OFSAA Championships.

RULE & OFFICIALS

The Rules of Soccer as they appear in the F.I.F.A. Handbook shall govern play in the NEOAA/AANEO Season. It will be played with the following exception:

In the Association we will reconsider item 4 under F.I.F.A. rule change. Because there are days when our youngsters play in snowy or cold weather we will allow players to wear track pants, tight or cycling shorts. We will have to resort to the F.I.F.A. rules when playing outside the Association.

The maximum number of players per team is 20.

Shoes with steel toes and/or cleats (including a composition cleat with metal tip) are not to be worn by any competitor.

All games consist of two 40-minute halves.

Overtime play at the championship tournament will consist of two 10 minute halves. If still tied, a shootout by 5 separate players who were on the field at the final whistle will occur. If the game is still tied, the teams participate in a sudden death shootout using different players.

LAW XII - FOULS AND MISCONDUCT: A player shall be “cautioned” if:

He enters or re-enters the field of play to join or re-join his team after the game has commenced, or leaves the field of play during the progress of the same (except through accident) without, in either case, first having received a signal from the referee showing him/her that he may do so.

He persistently infringes the Laws of the Game.
He shows by word or action, dissent from any given by the referee.
He is guilty of unsporting conduct.

A player shall be sent off the field of play if:
In the opinion of the referee he/she is guilty of violent conduct or serious foul play.
He uses abusive language.

He persists in misconduct after having received a caution.

A player shall be ejected from the game after receiving a second caution and for infractions of Law XII.

If a player receives a red card he must leave the field for the remainder of the game (no substitution allowed) and may not play in his team’s next league, NEOAA/AANEO, OFSAA game.

All red card situations will be reviewed by the head convener and divisional conveners.

All penalties are carried over to OFSAA competitions and the next year’s play. However, every player will have a clean slate at the beginning of each season, once all remaining penalties have been served.

YELLOW CARDS:

3rd - 1 game
5th - 2 games
6th - 3 games *

RED CARDS:

1st - 1 game
2nd - 2 games
3rd - 3 games*

Assault of Official: 1 year suspension

* 1 year suspension

It is the responsibility of each coach to monitor this policy, as well as to

forward to the local convener, the player card with a referee statement as quickly as possible.

SUBSTITUTION

Unlimited Substitutions:

May occur at goal kicks, goal scored and a half time, own throw-in, and opponent's throw-in once opponent has initiated substitution;

In the case of injury, substitution is permissible at the referee's discretion;

Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

OFFICIALS

The home team is responsible for providing a referee and two line people. It is the responsibility of the referee to complete the referee's report section of the score sheet and sign the score sheet at the conclusion of the game.

SCORE SHEET

It is the responsibility of the Home Team to see that the score sheet is filled out and presented to the referee before the game. All games played within the NEOAA/AANEO should have the results recorded on an official NEOAA/AANEO Soccer Score Sheet. The completed score sheet should be forwarded by the Home Team to the Convener immediately after the game. The Convener should send out periodic league standings and games scores to all member schools of the NEOAA/AANEO and to the new media.

BALL

The Home Team is responsible for supplying an official leather soccer ball.

FINANCING

Each school pays their own transportation. The cost of the referee (and lines person) are borne by the Home Team and as such are responsible for payment of officials.

BOYS VOLLEYBALL

AGE

According to Eligibility Section VII Page 16.

SERIES

The conveners will develop a format for competition agreeable to a majority of members in that competitive alignment.

ELIGIBILITY

As per By-Law D. Section I to XIV.

RULE BOOK

CVA Rules and exceptions adopted by OFSAA.

Head Convener shall outline and distribute any new rule changes prior to start of season to inform coaches/athletes/officials.

FINANCING

Each school pays for its own transportation costs. The convener of each divisional tournament should charge an entry fee per team which

is to pay for the officials. The convener of the NEOAA/AANE0 tournament should set an entry fee which should help pay for the officials, NEOAA/AANE0 medals and miscellaneous expenses.

OFFICIATING

In divisional and NEOAA/AANE0 tournaments, OVA rated officials must be used whenever possible. If no rated officials are available, then competent adult should be used.

NEOAA/AANE0 CHAMPIONSHIP

Midget & Junior:

The NEOAA/AANE0 Junior and Midget Championship Tournament will involve a round robin with the top two teams playing a 2 out of 3 championship match. The round robin consists of 2 out of 3 game matches. One point will be awarded for each match won. The team with the most total points will be awarded first place. All regions shall have one representative and the host area will have the additional entry. The NEOAA/AANE0 Tournament shall be rotated.

Senior:

Have a six team tournament with the top two teams from each division at the school of the host region. This tournament will take place over 1 day with the teams being ranked in two pools (Pool A – 1,3,6 & Pool B – 2,4,5) and play two games within their pool. Top two teams from each pool will move on to a cross-over semi-final playoff, with the winners playing each other for the championship. Pool games will consist of the best 2 out of 3 sets, and the playoff games will also consist of the best 2 out of 3 sets.

The top team is the NEOAA/AANE0 champ and attends the appropriate OFSAA. The second place team fill the other OFSAA entry. If the finalists are both “AA” the best “A” school in the round robin goes to OFSAA. All schools at the NEOAA/AANE0 tournament should be prepared to attend the OFSAA tournament. Schools will declare their OFSAA qualifications after the results of the NEOAA/AANE0 have been finalized. The NEOAA/AANE0 champion may declare to represent the Association at whatever level they choose. (OFSAA qualification regulations in effect). The next highest placed team will declare next.

Each team will be allowed 30 minutes rest period prior to the championship match taking place unless otherwise mutually agreed upon by the two coaches.

TIE BREAKING PROCEDURE

Tie breaking rules –

(i) If two (2) teams are tied at the end of the preliminary round for positions in the championship playoffs, the team winning the match between the two tied teams shall receive the higher ranking.

(ii) If three (3) teams are tied at the end of the preliminary round, the following criteria shall be applied to determine their rankings:

(a) the team having the best ratio of won/lost matches, considering matches played among the tied teams only in pool play, will be ranked higher;

(b) the team having the best ratio of won/lost sets (games), considering matches played among the tied teams only in pool play, will be ranked higher;

(c) the team having the best ratio of won/lost sets (games), considering all matches in pool play will be ranked higher;

(d) the team having the best ratio of points for/against, considering games played between the tied teams in pool play will be ranked higher;

(e) the team having the best ratio of points for/against, considering all games played in pool play, will be ranked higher.

WARM-UP PROCEDURE

A minimum of three minutes free floor time as soon as court is available

A minimum of three minutes of hitting with only one team at net
The hitting team's back court is available for ball handling drills by the non-hitting team

One minute of serving by one team at a time while the waiting team returns the ball to the servers by rolling them under the net

The winner of the coin toss hits first and serves first

****Recommended procedure for divisional and exhibition tournaments****

BOYS WRESTLING

AGE

Under 20 as of September 1st of the competing year.

SERIES

A number of scheduled tournaments will be held to determine the NEOAA/AANEO Team Championship. The number of tournaments will not exceed a maximum of four. A NEOAA/AANEO Individual Championship tournament will be held upon completion of the schedule.

ELIGIBILITY	As per By-Law D, Section I-XIV.								
FINANCING	Entry fees for each tournament are to set by the convener.								
RULE BOOK	The OFSAA Wrestling rule Book shall govern competition for all meets.								
OFFICIATING	Whenever possible, qualified officials should be used.								
OFSAA	Only those wrestlers that place 1 st or 2 nd at QUALIFICATIONS the final NEOAA/AANE0 Individual Championship will be entitled to enter OFSAA.								
NEOAA/AANE0 CHAMPIONSHIPS	<p>The results of the scheduled tournaments will determine NEOAA/AANE0 Team Championship on the basis of:</p> <table> <tr> <td>Tournament Champion</td> <td>5.0 points</td> </tr> <tr> <td>Tournament 2nd Place</td> <td>3.5 points</td> </tr> <tr> <td>Tournament 3rd Place</td> <td>2.0 points</td> </tr> <tr> <td>Tournament 4th Place</td> <td>1.0 Point</td> </tr> </table> <p>Schools may enter any number of competitors at the NEOAA/AANE0 Championship: however, only the 15 best finishes will count for team points.</p> <p>If two teams are tied for 1st place at the end of the tournament schedule, the team with the greatest number of individual champions over the tournament schedule will be declared champions. If a tie still exists a dual meet will be held. In addition, the NEOAA/AANE0 Individual Championship points may count toward the NEOAA/AANE0 Championship (Team).</p> <p>In order to participate at the NEOAA/AANE0 finals a wrestler must have participated in at least 1 regular season meet.</p>	Tournament Champion	5.0 points	Tournament 2 nd Place	3.5 points	Tournament 3 rd Place	2.0 points	Tournament 4 th Place	1.0 Point
Tournament Champion	5.0 points								
Tournament 2 nd Place	3.5 points								
Tournament 3 rd Place	2.0 points								
Tournament 4 th Place	1.0 Point								
NEOAA/AANE0 INDIVIDUAL CHAMPIONSHIP	<p>At the conclusion of the tournament schedule a NEOAA/AANE0 individual championship will be held. This championship will be held two weeks prior to the OFSAA Meet. Schools that place in the top four of the final standing of the tournament schedule or who attended four scheduled tournaments, may enter two competitors per weight class. Other schools may send individual wrestlers who placed in the top of their weight class during the tournament schedule. This championship</p>								

shall be a single elimination and consolation tournament with the third place wrestler allowed to challenge the second place wrestler in order to qualify for OFSAA.

OFSAA

CHAMPIONSHIP The Individual Champion and second qualifier will advance to OFSAA.

WEIGHT CLASSES The weight classes used in the NEOAA/AANEO Meet and tournament schedule will be the same as those recommended by OFSAA.

CO-ED PLAYING REGULATIONS**TABLE OF CONTENTS****BADMINTON****PAGE 57****CROSS COUNTRY RUNNING****PAGE 61**

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BADMINTON

AGE	According to Eligibility Section VII Page 16. Senior: not reached 19 th birthday by January 1 st prior to the start of the school year. Junior: not reached 15 th birthday by January 1 st prior to the start of the school year.
SERIES	The conveners will develop a format for competition agreeable to the majority of members in the competitive alignment.
ELIGIBILITY	As per By-Law D, Section I-XIV.
FINANCING	An entry fee shall be assessed to cover the costs of the tournament

RULE BOOK	Canadian Badminton Association Rules
OFFICIATING	Staff members, coaches, or badminton club members may be utilized as officials if required.
OFSAA	Senior winners and runners-up in each event at the NEOAA/AANEO Individual Championship shall be eligible for OFSAA competition.
FORMAT	That the rally point system.
EQUIPMENT	All competitors must wear protective eye wear whenever they are on the court. Protective eye wear must meet ASTM F803 approval.

SOUTH/CENTRAL AND NORTH INDIVIDUAL QUALIFIERS

- a) Events: Junior and Senior - Ladies' Singles, Men's Singles, Ladies' Doubles, Men's Doubles, Mixed Doubles. No competitor may enter more than one event.
- b) The draw shall be a modified double elimination unless the number is five or less. In the latter case, a round robin may be more prudent. (See the description of the modified double elimination in the NEOAA/AANEO Individual regulations.)
- c) All matches, including ladies singles will be the best 2 out of 3 to 15 points. However, if the entries are so large as to make it impractical to do the latter the convener upon consultation with the coaches can reduce the matches to the best two out of three to nine points.
- d) Seeding shall be done where possible by considering the rank of players in previous tournaments. (Eg. NEOAA Teams and NOBA Tournaments)
- e) The top four players in the South/Central and North Divisions qualify for the NEOAA/AANEO Finals. If either the North or South/Central Divisions do not have the required entries per event the other division may enter their fifth and/or their sixth place finishers etc. to complete the draw. For instance, if the South/Central Division only has two ladies' singles players, the North can fill in the remaining two spots with the athletes that finished fifth and sixth in their play-downs.
- f) The official OFSAA shuttle (MAVIS 350) should be used for all qualifying tournaments. Court obstacles (low ceilings, rafters, basketball nets etc.) should be identified and ruled upon as a "let" or "fault" by the convener.

All competitors are expected to dress in uniforms that are appropriate, neat, clean and which maintain the integrity of their school and our Association.

In order to be allowed to play, competitors must dress as follows: a T-shirt (long or short sleeve) or collared shirt that is 90% white, and one solid coloured pair of shorts, or the designated school badminton uniform including skirt or one piece outfit. Players may wear headgear or track pants for religious/medical reasons in consultation with the Tournament convener. Doubles and mixed players must wear similar uniforms.

It is the responsibility of the coaches and players, not the Convenor or umpires, to make certain all players are properly attired.

Inappropriately dressed competitors will not be allowed to play and must forfeit their match.

g) Coaches shall not interfere with players once competition has begun. However, coaches can go onto the court between the first and second game and coach for not more than 90 seconds (players must remain on the court). If the match goes three games, the player may leave the court for a maximum of 5 minutes. The coach may use this opportunity to coach his/her athletes.

h) Players or teams required to play back to back matches should have 15 minute break between matches unless the player or team agrees to play sooner.

i) Hosts for the qualifying tournaments shall be determined by majority vote at the scheduling meeting.

AWARDS

Medals and second and third place ribbons be awarded.

NEOAA/AANEO INDIVIDUAL Badminton Championships

a. The top four in the North and South/Central in Junior and Senior Ladies singles, men's singles, ladies doubles, men's doubles and mixed. If either the North or South Central Division do not have the four players/teams to complete the entry, the other division can complete the draw as indicated in "e" on page 49.

b. The draw shall be a modified double elimination. Players will advance to the right until their first loss at which time they will move to the appropriate match on the left. Players will advance to the left until elimination by a second loss. The left side winner, who has only lost once, will meet the right runner-up for second place, provided that they have not previously played each other. The right hand side winner shall be awarded first place.

c. All matches including ladies' singles will be the best two out of three to 15 points. There are no exceptions to this rule.

d. In the first round the draw shall have the players/teams ranked in the following format:

N1 VS S4
N3 VS S2
N2 VS S3
N4 VS S1

If a fifth or sixth player is used from the other division to complete the draw they shall assume the appropriate positions in that division. For instance, if the South/Central Division has only two senior ladies' singles in the draw, the fifth and sixth player from the North in that event shall be placed on the draw in the S3 and S4 positions respectively.

e. The official OFSAA shuttle shall be used for the NEOAA/AANEO Championship. Players should be dress in all "whites" or school colours. Court obstacles (low ceilings, rafters, basketball nets etc.) should be identified and ruled as a "let" or "fault" by the convener.

f. Coaches shall not interfere with players once competition has begun. However, coaches can go onto the court between the first and second game to coach their players for no more than 90 seconds (players must remain on the court). The coach also has the opportunity to coach between the second and third game for a period not exceeding five minutes (players may leave the court during this break).

g. Players or team required to play back to back matches should have a 15 minute break between matches unless the player agrees to play sooner.

h. The top two competitors in each of the senior events qualify for the OFSAA Badminton Championship. In the men's and women's singles events at least one (1) competitor must be classified as a high school trained athlete. If for some reason a player/team cannot make the OFSAA Badminton Championships, the coach shall notify the NEOAA/AANEO convener who will contact the coach of the third place (or fourth if necessary) to fill the spot.

AWARDS

Medals and second and third place ribbons be awarded

NEOAA/AANEO TEAM BADMINTON CHAMPIONSHIPS

a) A team consists of a maximum of eight players of the i) junior and ii) senior divisions

b) Each tie consists of one men's singles, one ladies singles, one men's doubles, one ladies' doubles and one mixed. Players are ranked #'s 1-2-3-4- in singles and all doubles combinations are ranked. Players compete against their own ranked number on the other teams. Players ranked at the beginning of a tournament shall maintain their rankings

throughout the tournament. If a school changes the rankings of its players then the players playing out of turn will be disqualified. No player can play more than two events. Double combinations can be changed around for each team match played.

c) You can play with more than eight players to a maximum of 14 (each player plays one event). You can also enter a team of less than eight, however, you will forfeit the matches that cannot be played. For instance, with seven players you would forfeit one match, six players two matches, five players three matches.

d) Each team tie (set) consists of matches of two out of three games to 15 points. The convener has the option, with the support of the majority of coaches, to change the matches to the best 2 out of 3 games to nine points in the qualifying rounds. In the NEOAA/AANEEO Team Finals the best two out of three to 15 points shall be played..

e) If a player is injured during a “tie”, he/she may be replaced in the next “tie” by a substitute player (assuming you have more than eight players). However, you cannot substitute once the “tie” has begun. You must forfeit the match if a player is injured and cannot play. If you do not have a substitute player you will have to forfeit one match in the next tie.

f) All nine matches in the tie must be played. At the divisionals you can make adjustments in points or the draw format to accommodate a large number of entries.

g) A spare player may be picked up for the championships only if he/she was registered with the same team for the qualifier. In other words, if you have a ten player team at the divisionals, you can bring the extra players to the NEOAA/AANEEO Finals even though they did not play a match in the qualifying round, as long as they were listed as part of your team at that time.

h) If a school qualifies two teams in the same division then those players must remain and play for the same teams.

i) North and South/Central are hold qualifying rounds. It is suggested that a round robin within each age group be played. A double knockout format may be used if entries are too high in each age group. Two team per age group junior and senior advance to the NEOAA/AANEEO Team Finals. A round robin shall be used in the finals. The round robin should follow the following order:

N1 VS S2
 S1 VS N2
 N1 VS N2
 S1 VS S2
 N2 VS S2
 N1 VS S1

Using the above sequence of matches rewards the top seed in each

division in that at no time do they have to play back to back ties. The second placed teams play back to back only once. With nine matches to be played the convener can adjust the matches played to insure that the players who just finished their match gets a rest before playing again.

j) At the end of divisional qualifying, the convener of said event will fax the names of the winning teams - two senior teams and two junior teams to the NEOAA/AANEO Final convener. The coaches of these teams will arrive with the appropriate eligibility forms.

TIE BREAKING PROCEDURES

In case of ties between teams:

- i) If two teams are tied, it is decided by the match between those two teams.
- ii) if more than two teams are tied it is decided first by matches; if still tied by games and then, if necessary, by points for those teams involved.

AWARDS

Medals and second and third place ribbons are awarded in the NEOAA/AANEO Team Finals.

CROSS COUNTRY RUNNING

AGE

According Eligibility Section VII Page 16.

SERIES

A combined Midget, Junior and Senior Championship race is to be held in the fall season in the week preceding the OFSAA Championship race. The site of the Championship will be decided at the Annual Meeting.

ELIGIBILITY

As per By-Law D, Section I-XIV.

FINANCING

Each school will finance its own team. An entry fee may be charged at the discretion of the convenor.

RULE BOOK

The Section of the Track and Field Rule Book for Cross-Country.

OFFICIALS

Supplied by the hosting school. Marshals to mark the course.

OFSAA

REPRESENTATIVES Athletes must qualify under OFSAA standards.

NEOAA/AANE CHAMPIONSHIP

- i) For the NEOAA/AANE championship, there may be a maximum of two teams per age class where each team shall consist of seven members with the best four to count. Individual entries will be allowed.
- ii) Maps should be sent out to all coaches. Teams wishing to walk the course before the race may do so.
- iii) Distances are coincide with OFSAA distances.
- iv) The funnel and card system for order of finish in Cross Country are to be used.
- v) The method of scoring shall be as follows:

First Place	1 point
Second Place	2 points
Third Place	3 points
Fourth, Fifth, Sixth etc.	

All competitors who finish the course shall be ranked and tallied in this manner. In case of a tie between tow or more individuals finishing simultaneously, each of them shall score for his/her team the number of points obtained by dividing the total sum of their position number, reckoned as if they had, instead ob being tied, finished regularly in a file with the number of such competitors. For example, if second and third place tied, each team would score 2.5. The team score shall then be determined by totaling the points scored by the first four runners of each team to finish. The team scoring the smallest number of points shall be the winner. In the event of a tie between teams, the winner shall be decided by counting the place of the 4th runner.

AWARDS

The convener shall present NEOAA/AANE Awards to Individual champions and member of champion teas as per By-Law F. A plaque or trophy will be awarded to the top A and AA schools for overall boys and girls combined.

To determine the top Cross Country “A” and “AA” schools for overall boys and girls combined the following procedure will be use for each division:

1 st team	10 points
2 nd team	8 points
3 rd team	6 points
4 th team	4 points
5 th team	2 points
6 th team	1 point

NOTE OFSAA DISTANCE REGULATIONS

	BOYS	GIRLS
MIDGET	5000M	3000M
JUNIOR	6000M	4000M
SENIOR	7000M	5000M

Tolerance of +/- 400M will be allowed.

CROSS COUNTRY SKIING

AGE	The age shall be under 20 as of September 1 (12:01 a.m.) Of the competing school year.
SERIES	The race for boys shall be 8-10 km. The race for girls shall be 4-5 km. A team shall consist of 6 skiers, the best four to count. Points will be awarded to racers by order of finish. The lowest point total for 4 skiers will win the team championship. The relay race for boys shall consist of 3 members each skiing 5 km. The relay race for girls shall consist of 3 members each skiing 2.5 km.
ELIGIBILITY	Each school may enter one team in each event. The convener may at his/her discretion allow additional entries per school.
FINANCING	The expenses for the race will be covered by a per competitor entry fee.
RULE BOOK	FIS Rules
OFSAA	The NEOAA/AANEO champion teams in each event are entitled to represent the Association at the OFSAA cross country skiing championships.
GENERAL	<ul style="list-style-type: none"> * The racers will start at 1 (one) minute intervals * The order of start will be determined by a random draw conducted by race officials. * The NEOAA/AANEO championship should be held at least one week prior to the OFSAA championship. * The convener may hold a "participation" race for less-skilled competitions.

CURLING

AGE	The age for curling shall be under 20 as of 12:01 a.m. September 1 of the competing year.
ELIGIBILITY	As per By-Law D, Sections 1-XIV.
FINANCING	At the discretion of the convener, an entry fee shall be levied against each competing team. Each team shall be responsible for arranging its own finances.
RULE BOOK	Canadian Curling Rules
OFFICIATING	It is usually possible to obtain a qualified referee from the local curling club. If a referee is unavailable, a neutral coach will settle a dispute by consulting with the concerned coaches and The Rules of Curling (CCA).
OFSAA	The winner of the NEOAA/AANEO Bonspiel will attend OFSAA.
NEOAA/AANEO CHAMPIONSHIPS	<p>i) Each region is eligible to send one male and one female team to the NEOAA Championship. The teams will qualify through a one-day regional bonspiel. Wildcard entries will be accepted if a region does not submit an entry.</p> <p>Any athlete participating must have participated as a member of a bona fide high school program during the current season under the supervision of a teacher-coach as certified by the school principal. A bona fide school curling program consists of eight (8) weekly practice/games minimum, under the supervision of a teacher-coach. Teams must complete a practice log (including date, time, location & participants) that is to be signed by coaches and submitted to the convener.</p> <p>Official game sheets are to be completed at each game during the season. Sheets are to be signed by the coaches and vices and submitted to the convener</p> <p>ii) Entry must be received by the convener at least on week before the Championship.</p> <p>iii) The format of the NEOAA championships will depend on the number of teams for each division. A double knockout should be used</p>

if possible. If the number of teams is too big to hold a double knockout, a pooled round robin should be held.

iv) All games shall be eight ends. In the event of a tie at the conclusion of a game, an extra end (continuous play) shall be played until such time as a winner is declared

v) The winner of the round robin is the team with best win/loss record.

vi) Competitors may wear OFSAA or school insignia only on the uniforms. Competitors are not allowed to wear any commercial or club insignia on their uniforms. The brand name of the uniform manufacturer is permitted to be visible.

vii) A maximum of five (5) minutes consultation between the coach and curlers shall be allowed on the ice only, at the completion of the fourth end. In addition, one (1) one- minute timeout (i.e. one timeout of one minute) may be called at any time while your team is in control of the house. The team that called the timeout may access the playing surface. The team that did not call the timeout may confer with the coach, but may not access the playing surface. The Fair Play timeout rule shall be in effect.

viii) A team shall play a maximum of three games in one day.

TIE BREAKING PROCEDURES

(i) If two (2) teams are tied for a playoff position the winner of the game in pool play between the tied teams shall receive the position;

(ii) if three (3) teams are tied and one team has defeated all other tied teams during pool play, it shall receive the position;

(iii) To determine the additional playoff positions the measurements from the first four round robin games draw to the button shall be used with the lowest score(s) receiving the position(s).

(iv) Draw to the Button Measurement Each team's draw to the button for the first four round robin games will be measured in cm. A rock covering the button will be measured as zero (0) cm. Rocks that are not in the house receive a measurement of 183 cm. The sum in cm of all of a team's draws to the button will be used for tie-breaking procedure in (iii)

(v) In the event that a tie in shoot-out scores occurs and the scores are required to determine a playoff position, another shoot-out shall take place on a neutral sheet of G-4 ice following the above procedure. Each team member shall be allowed two (2) rocks for practice.

WITHDRAWAL FROM

BONSPIEL A school must notify the convener at least 3 days before the date of the Bonspiel if it is unable to compete.

GOLF

AGE The age for competition shall be under 20 as of 12:01 a.m. September 1st of the competing school year.

SERIES The fall and spring championships will follow the format of competition as per the rules of the event outlined below. The fall championship is to be held in the third school week in September and the spring championship is to be held in the first week in June.

ELIGIBILITY As per By-Law D, Section I-XII

Each school is invited to send a maximum of 3 teams of 4 players per team. A school can send a minimum of 1 player and a maximum of 12 players to compete in the NEOAA Championships.

FINANCING An entry fee shall be assessed to cover the costs of the events.

RULE BOOK Royal Canadian Golf Association (R.C.G.A.)

OFFICIATING Coaches/Staff Supervisors and/or golf course staff may be utilized as officials if required.

OFSAA The fall championship is the qualifying event from which the NEOAA/AANEO individual and team representatives are chosen to participate in the OFSAA Golf Tournament in the spring.

TOURNAMENT SITES O’Gorman has hosted the fall and spring championships in the past. O’Gorman will continue to host unless other schools are interested. If enough schools are interested in hosting, a system will be established that would rotate on a yearly basis through northern, southern, and central divisions.

TOURNAMENT RULES

Determining Pairings:

A) Coaches/Staff Supervisors will identify all players on his team that can post an individual low gross score of 80 or better for 18 holes with a star (*) beside his or her name when sending his entries for a NEOAA Championship. All players with a star (*) should have a handicap beside their name in order to facilitate the pairings.

B) All players identified with a star shall be paired together in groups of 4 without being paired with players from the same school.

C) No coach, staff supervisor or any player shall change their pairing. The head convener or the staff supervisor hosting the NEOAA Championship are the only people who can change the pairings in the event of other players not showing up for the competition.

D) All groups with lower handicap players will be paired with specific coaches/ staff supervisor by the head convener or the staff supervisor hosting the NEOAA Championship.

Using his/her club head, a player may improve the lie of his/her ball by 6" no closer to the hole in his/her own fairway only. In all other situations, R.C.G.A. rules and local rules must be followed.

Each player must keep score for another player in his/her group and should also keep his/her own score to verify the results to be handed in at the completion of the round.

Males must tee off on every hole between the appropriate designated "middle" tee markers. Females must tee off on every hole between the appropriate designated "front" tee markers.

On any hole, if a player has taken seven shots before his/her ball has reached the green, he/she **must** pick up his/her ball, place it on the green, take a maximum of two putts, and record a **maximum of nine** for the hole.

Each player must sign two scorecards at the completion of his/her round to verify:
the hole by hole scores of his/her playing partner for whom he/she kept score during the round, and
his/her own hole by hole scores kept by his/her playing partner during the round.

A warning will be issued to a player for his/her first slow play violation during a round. A two-stroke penalty will be issued to a player for his/her second slow play violation during a round. A player will be disqualified from tournament play for a third slow play violation during a round.

If any player signs (the scorecard kept by his/her playing partner) to verify his/her score on a hole for which a higher score should have been recorded, then that player will be disqualified from the tournament. If any player signs to verify his/her score on a hole for which a lower score should have been recorded, then that player must count the

originally recorded (higher) score towards his/her total.

The school team with the lowest gross score (best 3 of 4 team member gross scores will count toward team total) will be the winner of the team competition.

For the NEOAA/AANE0 championship, a school can send any eligible player who can post a score of 100 or better regularly on an 18 hole golf course.

Any coaching/communication with the players will not be permitted on the course (communication includes, but is not limited to: coaches parents, spectators, cell phones/text messaging).

Caddies will not be permitted for the participants. Motorized carts may be used only by participants who have prior medical exemption.

TIE-BREAKING PROCEDURES:

Team Results:

In the event of a tie, the fourth best scores for each team will be compared to break the tie. If those two individuals tied, then all four team members for each team will play Hole #1 and the best three of the four team member gross scores will count toward team total. Team A player #1&2 would play with Team B players # 1&2 and Team A players 3&4 would play with Team B players 3&4. In the event of a tie, the fourth best scores for each team will be compared to break the tie. If those two individuals are tied, then the procedure outlined above will be followed on Hole #2, etc. until a winning team has been determined.

Individual Results

In the event of a tie for the Individual award, the players who are tied would begin a sudden-death play-off on Hole #1, continuing on Hole #2 etc, until a winner has been determined.

AWARDS

An award will be presented to the school team with lowest combined gross score (best three of four gross scores for the team will count toward the team total).

An individual award will be presented to the senior male, senior female, junior male, junior female athlete who posted the lowest gross score.

SWIMMING

AGE Ages for competition at the NEOAA/AANEO swimming competition will be described in the OFSAA By-Laws.

ELIGIBILITY

School/Team Eligibility

To represent a school in any activity coordinated by the NEOAA, a school/team must:

- (i) conduct a 'bona fide' high school team consisting of a minimum of four (4) members to be able to participate in relays and a minimum of **1 member** to participate as individuals.
- (ii) These swimmers must have a minimum of two (2) pool practices per week for at least two (2) consecutive months between September and March, under the supervision of a teacher as certified by the school principal
- (iii) participate in an Association-approved league if one is held
- (iv) a coach is a teaching staff member of that school who is responsible for the team and is present at a majority of practices and all competitions. This may still allow for coaching assistance of a purely technical nature;
- (v) a bona fide school team member is a student from that school who actively participates as a swimmer and has attendance at ten (10) practices to be verified by the completion of a practice eligibility form by the coach and principal. In the event of a lack of available pool time, a school may petition the Association to be declared eligible under the signatures of the coach and principal.
- (vi) A School must declare their intention to participate in the NEOAA Championship by informing the head convener of their intention, **one week prior to December 1st which is the OFSAA entry confirmation deadline date.**

ENTRIES

Competitors may enter up to three events; only two of which may be individual events. He/she may also enter a maximum of two relays. (Ex. 200 meter freestyle relay and/or 200 meter medley relay). Each school team may enter one relay team per age class. The entries must be at the convener's office by 4:00 pm the Thursday prior to the NEOAA/AANEO meet. There will be no late entries. Substitutions by registered eligible competitors will be permitted.

Meets will mirror OFSAA swimming competitions. Competition levels will be held for high school junior boys & girls, high school senior boys and girls, Open boys and girls and SWAD categories for boys and girls.

CONVENER	NEOAA/AANEO swimming convener will be a two-year position. The convener will rotate between the south, central and north divisions beginning with the central hosting for the 2006-2207 school year.
DATE OF CHAMPIONSHIP	The NEOAA/AANEO championship meet will take place on or around the second week of February each year in order to meet the OFSAA deadlines for registration.
LOCATION	The location of the Championship shall be decided at the annual scheduling meeting. The Championship will be placed in the Championship calendar and the event will be rotated between the three division.
FINANCING	Each school will finance its own team. An entry fee may be charged by the convener to cover the cost of the meet.
RULES	OFSAA rules will be applied.

TABLE TENNIS

AGE	According to Eligibility Section V11 Page 16
SERIES	All schools in NEOAA/AANEO are allowed to send one team (8 members) in each age division.
ELIGIBILITY	As per By-Law D, Section 1-XIV.
FINANCING	An entry fee may be charge at the discretion of the Convener.
RULE BOOK	CTTA Rules will govern the NEOAA/AANEO Table Tennis Championships.
OFFICIATING	Staff member, coaches or table tennis club members may be utilized as officials.
GENERAL	Ladies' Singles Mens' Singles Ladies' Doubles Mens' Doubles

Mixed Doubles

No competitor may enter more than one event.

TRACK AND FIELD

AGE

According to Eligibility Section VII Page 16.

ELIGIBILITY

In addition to By-Law D, Sections I-XIV:

i) Any athlete participating in the NEOAA Championships must have participated as a member of a bona fide high school program during the school season (March to June), in a minimum number of practices, Fourteen (14), at a location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the school principal.

ii) each school may enter four (4) contestants per event per age class.

ENTRIES

i) Each contestant may enter three events in one age class. He/she may also enter a relay (4X100) of his/her age class or a higher division plus the open relay.

ii) Each school may enter one relay team per age class and one open relay.

iii) the entries must be at the convener's office by 4:00pm the Thursday prior to the NEOAA/AANEEO Meet. There will be no post entries. Substitutions by registered eligible competitors will be permitted.

NEOAA/AANEEO MEET

NEOAA/AANEEO Track and Field convenership will be a two-year position. The convenership will rotate between the central and south divisions beginning with the south hosting for 1992&93.

FINANCING

Each school will finance its own team. An entry fee may be charged by the convener to cover the cost.

RULE BOOK

Amateur Athletic Union of Canada- Canadian Track & Field Association

OFSAA

QUALIFICATION Subject to OFSAA and/or NEOAA/AA NEO annual revision.

AWARDS

An annual plaque of trophy will be awarded to the following:

- a) midget aggregate (male & female)
- b) junior aggregate (male & female)
- c) senior aggregate (male & female)
- d) overall "AA" aggregate (male & female)
- e) overall "A" aggregate (male & female)
- f) First place winners including relay receive medals. Second and third place winners receive ribbons.

GENERAL

1) Successive heights for high jump:

Starting Heights: To be determined so that all competitors can successfully complete one height

Successive elevations will increase by .05 m until four or fewer competitors are left. Then successive elevations of .03 m will occur until a winner is declared.

2) Successive heights for pole vault:

Starting Height:	<u>Boys</u>	<u>Girls</u>
Midget	2.15 m	1.85m
Junior	2.30 m	2.00m
Senior	2.45 m	2.15m

Successive elevations will increase by .15 m until four or fewer competitors are left. Then successive elevations of .10 m will occur until the winner is declared.

3. All competitors will receive three trials in the long jump, triple jump and throwing events. The top eight will receive another three trials.

4. The order of events will be sent to all schools at least two weeks prior to the NEOAA/AA NEO meet.

5. The organization of events is left to the discretion of the convener . Items 1-3 above are suggestions only.

6. Track & Field Events:

All classifications: 100m, 200m, 400m ,800m, 1500m, 3000m, long jump, high jump, triple jump, shot put, discus, javelin, 4X100m relay

Open Events: Boys' 400m hurdles, Girls 400m hurdles, Boys 4X400m relay, Girls' 4X100 relay

Other Events: Girls' (MJR) 80M hurdles, Girls (SR) 100m hurdles, Boys' (MJRSR.) pole vault, Girls' (MJR) 300M hurdles, Girls (SR)

400M hurdles, Boys' (MJR) 300M hurdles, Boys (SR) 400M hurdles,
Boys (M) 100 m hurdles, Boys (JRSR) 110m hurdles, Boys OPEN
200m Steeple Chase.

APPENDIX
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NEOAA/AANEOA GENDER EQUITY POLICY

Statement: NEOAA/AANEO supports student-athlete participation on same-sex teams and encourages equitable programs for girls and boys in co-curricular activities in terms of funding, practice time and facilities. NEOAA/AANEO will continue to provide equitable opportunities for students in co-curricular activities

Actions:

If a sport activity is not available for a female on a girls' team, she is eligible to participate on a boys' team following a successful try out.

Where a sport activity is available for a female on a girls' team, she is eligible to participate on a boys' team if she demonstrates comparable skill and ability during a successful tryout.

If a sport activity does not exist for a boy, he is not eligible to participate on a girls' team.

NEOAA/AANEO TRANSGENDER PARTICIPATION POLICY

Definition Transgender: An umbrella term that refers to individuals whose gender identity and/or gender expression is different from what is traditionally associated with their assigned biological sex at birth. Transgender people may or may not undergo medically supportive treatments, such as hormone therapy and a range of surgical procedures, to align their bodies with their internally felt gender identity. Transgender identity is not dependent upon physical appearance or medical procedures.

Purpose OFSAA believes in equal opportunities for all students to participate in school sport. OFSAA supports the concept that a student's self-identification is the sole measure of their gender identity.

Student-Athlete Participation OFSAA supports the participation of student-athletes in sport in accordance with their lived gender identity.

NEOAA/AANEO RETURN TO PLAY GUIDELINES

RETURN TO PLAY GUIDELINES

The following guidelines have been adopted from Ophea Guidelines - Appendix C – Physical Activity and Sport Related Concussion. For a detailed copy of the guidelines please visit www.ophea.net

Common Symptoms and Signs of Concussion

It is important to know that an athlete does not need to be “knocked out” (lose consciousness) to have had a concussion. After the concussion, the athlete may experience many different kinds of symptoms, and it is important to remember that some symptoms may appear immediately and others later. Athletes may be reluctant to report symptoms of concussion because of a fear that they will be removed from the game, or jeopardize their status on a team. But it is important to consider the permanent repercussions of a concussion.

Without proper management, a concussion can result in permanent problems and even death. Concussion should be suspected in the presence of any one or more of the following symptoms and signs:

Thinking Problems

- Does not know time, date, place, class, type of activity in which he/she was participating
- General confusion
- Cannot remember things that happened before and after the injury
- Knocked out

Student’s Complaints

- Headache
- Dizziness
- Feels dazed
- Feels “dinged” or stunned;
- “having my bell rung”
- Sees stars, flashing lights
- Ringing in the ears
- Sleepiness
- Loss of vision
- Sees double or blurry

Other Problems

- Poor coordination or balance Blank stare/glassy-eyed Vomiting Slurred speech
- Slow to answer questions or follow directions. Easily distracted. Poor concentration
- Strange or inappropriate emotions, (e.g., laughing, crying, getting mad easily)
- Stomach ache/pain/nausea
- Not playing as well

Note: All athletes need to consult a physician after a suspected concussion. A student who has suffered a physician-diagnosed concussion outside of school time must be diagnosed as symptom-free by a physician before returning to activity.

Concussion - Initial Response

1. If there is a loss of consciousness, initiate Emergency Action Plan and call 911. Assume there is a possible neck injury and, only if trained, immobilize the student before ambulance transportation to hospital. Otherwise, do NOT move athlete or remove athletic equipment e.g. helmet.

2. If there is not a loss of consciousness, but a concussion is suspected due to a direct blow to the head or a major physical trauma to other parts of the body (causing a whiplash effect on the head and neck):

- remove the student/player from the current game or practice;
- do not leave the athlete alone;
- monitor signs and symptoms;
- do not administer medication: and
 - i. the athlete needs to be evaluated by a medical doctor;
 - ii. the athlete must not return to play in the game or practice that day;
 - iii. inform the parent/guardian about the injury and of the importance of an evaluation by a medical doctor.

How long does it take for the student to get better? The signs and symptoms of a concussion often last for 7 – 10 days, but may last much longer. The exact length of this period is unclear, but the brain temporarily does not function normally, and during this time it is more vulnerable to a second head injury. In some cases, athletes may take many weeks or months to heal. Significant cognitive symptoms may result from concussion including (e.g., poor attention and concentration, reduced speed of information-processing and impaired memory and learning). There may also be a significant negative effect on educational and social attainment as these functions are critical for learning new skills and attending to school work.

When can an athlete with a concussion return to sport?

Physician Visit #1

If **NO CONCUSSION** is *determined by a doctor*:

Using the ‘Request to Resume Interschool Athletic Activities: Concussion Related Injuries Form’:

- Doctor checks the box ‘*No Concussion - student may return to:*’ plus the other appropriate activity boxes and signs and dates the form.
- Student returns the completed form to teacher/coach in order to be allowed to participate in interschool athletic activities.

Note: Teacher files the completed form from the doctor in student’s O.S.R.

If CONCUSSION is *determined by a doctor*:

Using the ‘Request to Resume Interscholar Athletic Activities: Concussion Related Injuries Form’:

- Doctor checks the box ‘**Concussion - no activity until symptoms and signs have gone**’ and signs and dates the form.
- Athlete returns the completed form to teacher/coach and if applicable to the Health and Physical Education teacher to be informed that the athlete is not to participate in vigorous activities until symptoms and signs are gone.
- Form is returned to the athlete as this form is to be used for the parent permission and second doctor assessment.

The athlete and parents/guardians monitor symptoms and signs of a concussion. As part of this monitoring, ongoing communication must occur between the teacher and parent/guardian throughout Steps 1-4. It is very important that an athlete not do vigorous physical activity if he/she has any signs or symptoms. The ‘return to play’ process is gradual and must follow the steps as outlined below.

Note: Each step must take a minimum of one day. If symptoms or signs of the concussion return (e.g. headache, feeling nauseated) either with activity or later that day, the athlete needs to rest for 24 hours, and return to the previous step. An athlete should **never** return to play if symptoms persist.

Parent/Guardian Responsibility

Step 1: No activity, complete rest. Once the athlete is asymptomatic (concussion symptoms and signs have stopped), proceed to Step 2.

Step 2: Light aerobic exercise, such as walking or stationary cycling, for 10-15 minutes, no resistance training. Using the ‘Request to Resume Interscholar Athletic Activities: Concussion-Related Injuries Form’, the parent/guardian signs and dates the form to give permission for the student to proceed to Step 3.

School Responsibility

Step 3: Sport specific activities (e.g. skating in hockey, running in soccer) for 20-30 minutes. No resistance training or weight lifting.

Step 4: On field/court/ice activity such as ball drills, shooting drills and other activities with NO CONTACT (e.g., no checking, no heading the ball). May add light resistance training and progress to heavier weights. Teachers initial the form to indicate that the student has completed Steps 3 and 4.

Note: The time needed to progress from non-contact to contact exercise will vary with the severity of the concussion and the player. Proceed to Step 5 after second clearance by a doctor.

After Step 4, and before

Step 5 (returning to full-contact training/practice), the athlete must return to the physician, for final approval to engage in full contact activity.

Physician Visit #2

Doctor assesses that all symptoms and signs of a concussion are gone after Step 4:

Using the ‘Request to Resume Interschool Athletic Activities: Concussion-Related Injuries Form’:

- Doctor checks the box ‘*Concussion symptoms and signs have gone – athlete may return to:*’ and checks the appropriate box and signs and dates the form.
- The athlete brings the completed form to the teacher/coach and if applicable to the Health and Physical Education teacher. The teacher/coach allows the athlete to participate in contact activity progressing through Step 5 and Step 6:

School Responsibility

Step 5: Full contact training/practice

Step 6: Game play.

Note: *Each step must take a minimum of one day.* If symptoms or signs of the concussion return (e.g. headache, feeling nauseated) either with the activity or later that day, the athlete needs to rest for 24 hours, and return to the previous step. An athlete should **never** return to play if symptoms persist.

Note: Teacher/coach files the completed form ‘Request to Resume Athletic Participation: Concussion Related Injuries’ from the doctor in student’s O.S.R. If the teacher/coach is unsure if an athlete should play, remember... *when in doubt, sit them out*

NEOAA/AANE0 APPRECIATION AWARDS

Appreciation Awards will be presented to recognize distinguished service to the NEOAA/AANE0 as a teacher coach, or supervisor, or an active or former NEOAA/AANE0 member.

AWARDS:

An appreciation award will be given to an individual who has contributed exceptional service to the Association as a coach, convener, organizer, administrator, or NEOAA/AANE0 executive member for many years.

The person nominating the recipient will purchase an appropriate gift for no more the \$50.00 and submit the bill to the Association Secretary-Treasurer.

CRITERIA

- 1) To be presented to an individual retiring from the profession or leaving the Association
- 2) The individual should have at least 5 years service and membership in the Association
- 3) It is not automatic that a coach receive an award if he/she leaves the area. The decision to give NEOAA/AANE0 Appreciation Award shall be at the discretion of the awards committee.

NOMINATION PROCEDURE

- 1) Any member of the NEOAA/AANE0 is entitled to nominate persons for the award, provided the endorsement of one other member is obtained.

- 2) Nominations for possible Association Appreciation Awards are to be made to the Association Secretary two weeks before the June Scheduling Meeting.

PROCEDURE

A committee made up of the NEOAA/AANE0 President, Secretary, and Past President will consider all nominations.

PETE BEACH AWARD

Nominations for the Pete Beach Award must be submitted to the NEOAA/AANE0 Secretary by DECEMBER 15th so that if required, voting can take place at the Heads Meeting in January. This nomination should be accompanied by a summary of the individual's accomplishments.

NEOAA/AANE0 BASKETBALL OFFICIALS' FEE SCHEDULE

The Association recommends the following fee structure for the payment of basketball officials for scheduled NEOAA/AANE0 games.

Single Game Rate:

Qualified or adult for Senior/Junior games:	\$21.00-\$25.00
Qualified of adult for Midget games	\$18.00-\$20.00

Traveling expenses for officials should be as follows:

20 cents/mile both ways

\$18.00/day meal allowance

\$30.00/day accommodations

NEOAA/AANE0 VOLLEYBALL OFFICIALS FEE SCHEDULE

The Association recommends the following fee structure for payment of volleyball officials:

Tournaments:

Provincial Referee	\$30.00 per match
Local Referee	\$20.00 per match
Non-Rated Referee	\$12.00 per match

	2 matches		2 out of 3 matches
Provincial	\$30.00		\$35.00
Local	\$20.00		\$25.00

It is strongly recommended that umpire not be paid for their service. Umpires can be student officials who are being trained. However the going rate is \$8.00 per match.